

# ಅರಳುವ ಚೇತನ *Araluva Chetana*

Annual E-Magazine  
2020-21



The Mysore Education Society, Malleshwaram  
**MES Prof.B.R Subbarao PU College**  
BEL Layout, Vidyaranyapura

**CONGRATULATIONS**  
**TO OUR II PU BOARD RESULTS**  
**ACHIEVERS - 2021**

**SCIENCE**



**PRARTHANA**  
Total 600

**KAVYA K**  
Total 600

**SANATH S**  
Total 592



**DIKSHITA G**  
Total 592

**JYOTHSNA. A**  
Total 589

**VIJETHA J**  
Total 589

**VIGHNESH V.R**  
Total 589

**31 DISTINCITIONS , 85 FIRST CLASS**

**COMMERCE**



**POOJA. M**  
Total 588

**BHAVANA.M**  
Total 574

**DISHA L**  
Total 564

**KEERTANA M**  
Total 560

**SANGEETA M**  
Total 558

**NISHA D**  
Total 558

**14 DISTINCITIONS , 44 FIRST CLASS**



# MES Prof. B.R. SUBBA RAO PU COLLEGE

3rd Stage, 4th Main, 11th Cross, Vidyaranyapura, Bangalore - 560097

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## ಅರ್ಥಸಹಿತ ಪ್ರಾರ್ಥನಾ

**ಶ್ಲೋಕ**

ಸುಪ್ರಭಾತಂ ಭಗವತಃ ಪರಸ್ಯ ಬ್ರಹ್ಮಕೋ ವಿಭೋ |  
ಸುಪ್ರಭಾತಂ ಮದಾರ್ಯಾಣಾಂ ಸರ್ವೇಷಾಂ ಪ್ರಾಣಿನಾಮಪಿ ||

**ಅರ್ಥ**

ಪರಮಾತ್ಮನೂ ಸ್ವಯಂ ವಿಭುವೂ ಆದ ಭಗವಂತನಿಗೆ ಶುಭ  
ಮುಂಜಾವು. ನನ್ನ ಹಿರಿಯರಿಗೂ ಸಕಲ ಪ್ರಾಣಿಗಳಿಗೂ ಸುಪ್ರಭಾತ.

**ಶ್ಲೋಕ**

ಯೋಂತಃ ಪ್ರವಿಶ್ಯ ಮಮ ವಾಚಮಿಮಾಂ ಪ್ರಸುಪ್ತಾಂ  
ಸಂಜೀವಯತ್ಯಖಿಲ ಶಕ್ತಿಧರಃ ಸ್ವಧಾಮ್ನಾಂ |  
ಅನ್ಯಾಂಶ್ಚ ಹಸ್ತಚರಣ ಶ್ರವಣತ್ವಗಾದೀನ್  
ಪ್ರಾಣಾನ್ಮಮೋ ಭಗವತೇ ಪುರುಷಾಯ ತುಭ್ಯಂ ||

**ಅರ್ಥ**

ಯಾವ ಪರಮಾತ್ಮನು ನನ್ನಲ್ಲಿ ಪ್ರವೇಶಿಸಿ ತನ್ನ ಸ್ವಶಕ್ತಿ ತೇಜಸುಗಳಿಂದ  
ಮಲಗಿದ್ದ ನನ್ನ ನಾಲಿಗೆಗೆ ಸಂಜೀವನವನ್ನು ಕೊಟ್ಟು ಸ್ತುತಿಸುವಂತೆ  
ಮಾಡಿದನೋ, ಯಾರು ನನ್ನ ಕೈ, ಕಾಲು, ಕಿವಿ, ಚರ್ಮಾದಿ ಇಂದ್ರಿಯಗಳಿಗೆ  
ಶಕ್ತಿಯನ್ನು ಕೊಟ್ಟು ಅವುಗಳು ಚಟುವಟಿಕೆಯಾಗಿರುವಂತೆ ಮಾಡಿದನೋ,  
ಯಾರ ಒಂದು ಶಕ್ತಿಯಿಂದ ಪ್ರಾಣವಾಯುವು ಸತತವಾಗಿ ತನ್ನ ಕೆಲಸ  
ಮಾಡಿಕೊಂಡಿದೆಯೋ ಅಂತಹ ಪುರುಷನಿಗೆ (ನಾರಾಯಣನಿಗೆ)  
ನಮಸ್ಕರಿಸುತ್ತಿದ್ದೇನೆ.

**ಶ್ಲೋಕ**

ದಿಕ್ಕಾಲಾದ್ಯನವಚ್ಛಿನ್ನಾನಂತ ಚಿನ್ಮಾತ್ರಮೂರ್ತಯೇ |  
ಸ್ವಾನುಭೂತೈಕಮಾನಾಯ ನಮಃ ಶಾಂತಾಯ ತೇಜಸೇ ||

**ಅರ್ಥ**

ದಿಕ್ಕು ಕಾಲಾದಿಗಳಿಂದ ಬೇರ್ಪಡಿಸಲಾಗದ ಅನಂತನೂ ಚಿನ್ಮಾತ್ರಮೂರ್ತನೂ  
ಆದ ಸ್ವಾನುಭೂತಿ ಮಾತ್ರದಿಂದಲೇ ತಿಳಿಯಲ್ಪಡುವ ಶಾಂತಸ್ವರೂಪಿಯಾದ  
ತೇಜೋರೂಪಕ್ಕೆ ನಮಸ್ಕಾರ.

**ಶ್ಲೋಕ**

ಸರ್ವಸ್ತುರತು ದುರ್ಗಾಣಿ ಸರ್ವೋ ಭದ್ರಾಣಿ ಪಶ್ಯತು |  
ಸರ್ವಸ್ತುಖಿ ಮವಾಪ್ನೋತು ಸರ್ವಃ ಸರ್ವತ್ರ ನಂದತು ||

**ಅರ್ಥ**

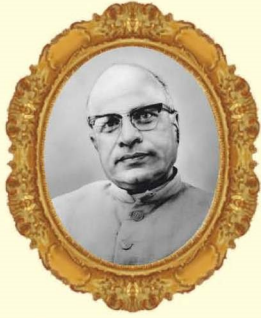
ಎಲ್ಲರೂ ಕಷ್ಟವೆಂಬ ಕೋಟೆಯನ್ನು ದಾಟಲಿ,  
ಎಲ್ಲರೂ ಶುಭವನ್ನು ಕಾಣಲಿ, ಎಲ್ಲರೂ ಸುಖವನ್ನು ಪಡೆಯಲಿ,  
ಎಲ್ಲರೂ ಎಲ್ಲೆಲ್ಲೂ ಆನಂದದಿಂದಿರಲಿ.

- ಇತಿ ಶಂ -



Founders of  
**Mysore Education Society**<sup>®</sup>

Malleswaram, Bangalore - 560003



**Sri G.A. Acharya**



**Sri M. Sheshadri, M.A.**



**Sri H. Rangachar, M.A.**



**Prof. B.R. Subba Rao**  
M.A., Dip-in-Com



**Sri K.T. Appanna**



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**Sri M.R. Narasimha Iyengar**



**Smt. Vimala Rangachar**



**Sri C.G. Ramaiah B.A.**



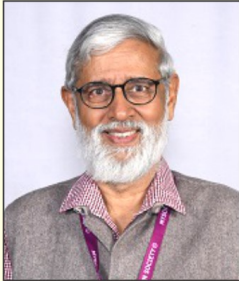
# Mysore Education Society (R) Malleshwaram

## MES PROF. B.R. SUBBARAO PU COLLEGE

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Supreme Court of India.



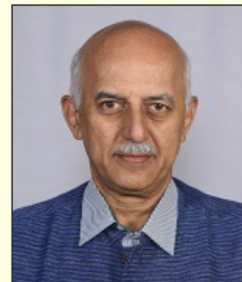
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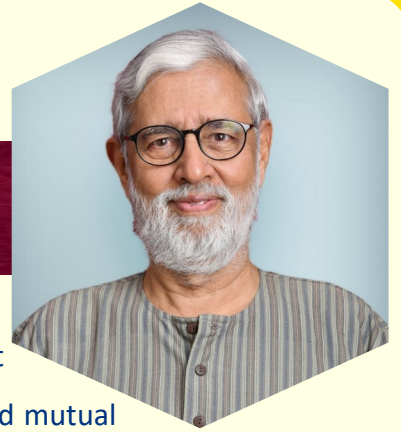


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Alumnus-MES, Recipient of Shanthi Swaroop  
Bhatnagar & Padamashree Awards,  
Former Director, CFTRI, Mysore

## President's Message



Traditions, spanning diverse activities and events, are important to an educational institution. They enhance the sense of belonging and mutual comfort. They reinforce values like team work, personal responsibility and selflessness. They give an opportunity to showcase talent and role models. They enable everyone to offer thanks for the contribution of others. Finally, they create lasting memories of association and friendship. In the pantheon, the collaborative effort of the students and staff to bring out the annual college magazine is a particularly important tradition.

2020-21 was anything but a normal year, with every aspect of teaching and learning being seriously disrupted. Amidst this bewildering chaos, it is good to persist with the tradition of the annual college magazine that compels students and teachers to step back, reflect on their individual and collective experiences during the year and record them for the future. I am happy to know that *Araluva Chetana* 2020-21 is coming out soon.

Through the magazine, I send my greetings and best wishes to all the students, many of whom have attended mostly online classes this year. Second PU examinations have been cancelled. There is no clarity yet on how the students will be assessed or graded. That, in turns, creates uncertainty about the future. I deeply empathise with the unenviable plight of the students. I am confident that despite all the odds, they will find the resilience and the equanimity to complete their PU studies successfully and move on in their lives. My grateful thanks to all the teachers and staff, who under the leadership of their hands-on Principal, have not merely kept the show going but enhanced the reputation of MES as a caring, value-based institution!

6th June 2021

*S. Krishna Kumar*

**President, MES**





## *Vice-President's Message*

More than the academic curriculum two components are very important for student's viz. Creativity and Innovation in the regular curriculum. Since the regular curriculum there is no scope for development of the above components. For this some kind of writing is essential. College magazine particularly provides opportunity to think and all our creativity and innovation to manifest, which were in the latent forms. Hopefully the students make use their latent talents to expose through writing in the magazine. I am happy that the MES Prof. B R Subbarao PU College is bringing out its annual magazine. I congratulate the editorial board and express my good wishes for the same.

*Prof. B. R. Seshadri Iyengar*

**Vice President, MES**



## Principal's Message

“ Be thankful for what you have: you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough” - Oprah Winfrey.

Gratitude is a word which has become a quality in all of us since the onset of Covid-19 pandemic. I am saying this because when this covid-19 pandemic set its foot in all our lives last year and lockdown was imposed all across the country, we all learnt to be thankful for what we have, instead of being sad about all the problems which have arisen due to the pandemic.

2020 as well as the on-going year 2021 imposed a lot of challenges for us, the major challenge being providing quality education to our students despite the imposition of lockdown. This challenge has been converted into an opportunity by all the staff members of our college to stick to the institution's commitment of providing quality education despite the odds. I am indeed very proud to say that the teachers of our college have successfully been conducting online classes for our students since the past year. This would definitely not have been possible without the constant motivation provided by the MES management to all the working members of our college to continue providing quality education despite the on-going pandemic. The credit for successfully conducting online classes not only goes to the teaching staff, but also to the non-teaching staff who have provided technical support for conducting online classes.

Our college's greatest treasure is our students who continue to keep up the good name of our college even after leaving the college. The present batch of Pre University students have faced a lot of issues due to the on-going pandemic, but due to their immense interest in gaining knowledge, they have cooperated well for conducting online classes and have made it a big success.

I would also like to highlight the role of parents who have constantly been ensuring that their wards stay motivated to study and attend online classes. Despite facing financial problems during the pandemic, the parents have ensured that their ward's education was not compromised in any way.

Hope is that oxygen for us during this situation which has ensured that we survive these difficult times.

Dear students and my fellow colleagues, I request all of you to never lose hope in your life and strongly believe that these challenging and difficult times too will pass as it has always been because it might be stormy now, but it can't rain forever.

Tough times redefine us and bring out the best in us. So do follow all the safety guideline as directed by the government, eat healthy food, exercise regularly, give importance to your mental health, take good care of your family members and always have a positive approach towards life,  
Thank you,

*Regards,*

**Smt. Sridevi M.S**

**Principal**



# Editorial



Our college magazine, Araluva Chethana is synonymous with the blossoming talent of our students. It has always reflected in a vivid manner, the inherent thoughts and vibrations of our budding citizens.

Given the unprecedented scenario this academic year, all of us had to rise to the occasion to adapt fastidiously to the sweeping changes in the field of education, which has been the online mode.

Though this wave has been catastrophic, in more ways than one, destroyed lives and livelihoods, we do have lessons to take home with us. To never give up, is a cliched lesson, but to know that life is not measured only in riches but in the small things of life.... Isn't this what we truly learnt..? Myriad is the blessings that nature showers on us, but we take everything for granted and always pine for more and more.. All this must change, and that's what we must truly treasure.

We are pleased to present before you the fourteenth edition of Araluva Chethana, in the e-version..!

We are grateful to the Management, Principal, faculty and students for being with us in every conceivable way to make life easier in these uncertain times, so that we keep only one goal in mind-- the betterment of students and the society.

Thank You.

*Smt. Sarita Pradeep*

Department of English

## Editorial Board



**Smt. Sarita Pradeep**  
Department of English  
Editor in Chief



**Sri. Vinayak Bhat**  
Department of Sanskrit  
Sub-Editor & Page Designer



**Smt. Renukamba B.R**  
Department of Kannada  
Member

## Faculty & Office Staff

Sl. No	Name	Qualification	Designation
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<b>Department of English</b>			
3	Smt. Sarita Pradeep	M.A, B.Ed	Lecturer/HoD
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<b>Department of Sanskrit</b>			
5	Sri. Vinayak Bhat	MA-Sanskrit, MA- MCJ, Acharya, B.Ed, KSET	Lecturer/HoD
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<b>Department of Computer Science</b>			
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<b>Department of Commerce</b>			
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18	Sri. Maruthi N	B.Com, B.PEd, M.PEd, M.Sc -Yoga, Diploma in Lifeguard, NIS in Athletics	Lecturer in Physical Education
<b>Library</b>			
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25	Smt. Lalitha S	SSLC	Supporting Staff
26	Sri. Gopalaiah B L	PUC	Supporting Staff
27	Sri. Jagadish S	SSLC	Supporting Staff
28	Sri. Anjinamurthy .C	PUC	Supporting Staff



## Teaching Staff



## Non-Teaching Staff





# Annual Report for the Academic Year 2020-21



"Learning is not attained by chance;  
it must be sought for with ardour and attended to with diligence."

The Year 2020 was hard upon all of us and yet we overcame it with ardour and diligence. Though the malaise remains still at large, we must steel ourselves because, "Life is a journey with problems to solve, lessons to learn, but most of all experiences to enjoy."

We are pleased to present before you the Annual Report: 2020-21.

## Academics:

1. Online classes for Second PUC students commenced on 06 May 2020.
2. First Online Test for Second PUC was conducted in the month of August 2020.
3. Second Online Test for Second PUC was conducted in the month of October 2020.
4. Regular Online PTMs were conducted.
5. The Online Classes for First PUC students were inaugurated on 30 August 2020. The Chief Guest was Dr. H. S. Ganesha Bhatta, Director, Academics, MES Institutions.
6. First Online Test for First PUC was conducted in the month of October 2020.
7. Offline Classes for Second PUC students were begun in the month of January 2021.
8. Five Preparatory Examinations were conducted for Second PUC.
9. Labs for both First and Second PUC were completed in the months of January and February 2021.
10. First Offline Test for First PUC was conducted in the month of February 2021.

## Felicitation Programme for the II PUC toppers of 2020:

November 18, 2020 saw the solemn celebration of Felicitation Programme for the Second PUC toppers, 2020, both Science and Commerce. All the protocols of COVID-19 were followed. Dr. H. S. Ganesha Bhatta, Director, Academics, MES Institutions was the Chief Guest of the occasion.

## Department-wise Activities:

### Department of Physics:

Webinars:

- 'ISRO and highlights of its achievements.' (For I PUC students)
- 'Artificial Intelligence and its applications.' (For II PUC students)  
Speaker: Dr. Nagaraj, ISRO Scientist.
- 'Experiments on Optics' by Prof. Sharmishtha Sahu.
- 'Reflecting Telescope demonstration on Moon Observation' by Prof. Subrahmanyam.

### Department of Chemistry:

Webinar on topic 'Structure drives Chemistry' by Prof. H. R. Madhusudhana on 30<sup>th</sup> September  
PowerPoint Presentation Competition was held on 1<sup>st</sup> October 2020. The topics given were:

- I PU – 'The Chemicals in our food.'  
'MOLE- An Overview and its Applications.'
- II PU – 'Green Chemistry.'  
'Quantum Chemistry – An Overview.'



## Department of Mathematics:

- PowerPoint Presentation Competition was held on 22<sup>nd</sup> September 2020.
- Sudoku – 23<sup>rd</sup> September 2020.
- Webinar – ‘Introduction to Ancient Mathematics’ by Sri. Venugopal Heroor on 26<sup>th</sup> September 2020.
- Maths Quiz for both I and II PU students was conducted on 28<sup>th</sup> September 2020.

## Department of Biology:

- Webinar – ‘Invincible Corona’ by Vimala. C. M., Associate Professor, Mount Carmel College. Best out of Waste Competition.
- Photography Competition – ‘Plant-Animal Interaction.’

## Department of Kannada:

- Webinar – ಮನುಷ್ಯನ ಜೀವನವನ್ನು ರೂಪಿಸುವಲ್ಲಿ ಸಾಹಿತ್ಯದ ಪಾತ್ರ by Dr. Lokeshwarappa. K .B . on 18<sup>th</sup> September 2020.
- Bhavageetha Singing Competition held on 07<sup>th</sup> November 2020.
- Essay Writing Competition held on 09<sup>th</sup> November 2020.
- Kannada Rajyotsava Celebration was held on 11<sup>th</sup> November 2020. The Day’s Chief Guest was Shri. Ashwathanarayana, MES Rangashale and the Special Invitee was Shri. Nithin Nanjappa.D.S Theatre Artiste and Teacher, MES Rangashale.

## Department of Sanskrit

- Samskritotsava programme was celebrated on 14.08.2020. Chief guest was Dr.Naveen Bhat from Amruta University, Coimbuttur. He delivered a speech on “Significance of Sanskrit in modern era” Platform : Online
- Samskrit Quiz competition was held on 12.08.2021
- Samskrit Subhashita Explanation competition was held on 13.08.2021

## Department of English:

- Webinar – ‘Why Literature?’ by Shri. H. Pattabhirama Somayaji on 29<sup>th</sup> September 2020.
- English Debate – ‘War is the only solution for peace between nations’ on 28<sup>th</sup> November 2020.
- English Essay Writing Competition – ‘Time and Tide wait for none’ on 29<sup>th</sup> November 2020.

## Department of Commerce:

- Talk on CA Course.
- Quiz Competition.
- Poster Making, Collage Making, Model Making Competitions.
- Webinar – a. ‘Stock Exchange’ by Rukhia Sultana, Seshadripuram College.  
b. ‘Exploration of Linkages between Nation’s Integrity and Personal Integrity’ by CMCA.

Orientation Programme was conducted for SSLC students of MESKKPS, Vidyananyapura, on 01<sup>st</sup> March, 2021. A PowerPoint Presentation was also made.

Later, Online Programmes were conducted to train the students in their preparation for II PUC Examinations too.

## Sports Activities:

“The moment of victory is much too short to live for that and nothing else.”

The COVID-19 Pandemic didn’t hinder our students from playing. They participated in many Inter-Collegiate and District Level Sports Competitions and brought fame to their college. The year’s Sports Competitions were as follows –

- National Sports Day was celebrated on 29<sup>th</sup> October 2020 through online platform.

- Inter-School Kannada and English Essay Writing Competition on 18<sup>th</sup> February 2021.
- District level Sports Competitions- Taekwondo on 05<sup>th</sup> March 2021.
- Wrestling on 12<sup>th</sup> March 2021.
- Tennis – Volleyball on 16<sup>th</sup> March 2021.
- Tennikoit on 16<sup>th</sup> March 2021.
- Boxing in March 2021.
- Athletics in March 2021.

## Interact Club:

“Leaders don’t create followers, they create more leaders.”

The Inauguration of Interact Club was held on 10<sup>th</sup> December 2020 with the swearing-in ceremony of the elected members. Amidst the COVID-19 Lockdown, only few activities were conducted as a part of Interact Club Programme. One among them was the Distribution of Question Banks to Government School in Vidyananyapura on 16<sup>th</sup> March 2021.

## Cultural Activities:

“Art is an effort to create, beside the real world, a more humane world.”

Independence Day was celebrated by hoisting the National Flag in the premises of the college with no cultural programmes keeping in mind the pandemic.

On October 02, 2020, Gandhi Jayanthi was celebrated online. The Chief Speaker was Sri. Chandan Rajappa.

Several activities were conducted online under the NSS Wing too.

The Annual Cultural Activities were held on 10<sup>th</sup> December 2020 through online platform. The Competitions held were as follows –

- Rangoli
- Singing
- Dance
- Vegetable Carving
- Flower Arrangement
- Painting and Drawing (Pencil Sketch) on the theme ‘Nature offers Hope.’

The Year 2020 was something seen never before, experienced never before. Amidst all these, we at MESBRS, would like to strongly applaud the students for staying so resilient and positive despite their young age.

We thank them for their unstinted support and co-operation in conducting online classes which were a different trajectory all together for us...

### My Heart Leaps Up

My heart leaps up when I behold  
 A rainbow in the sky:  
 So was it when my life began;  
 So is it now I am a man;  
 So be it when I shall grow old,  
 Or let me die!  
 The Child is father of the Man;  
 And I could wish my days to be  
 Bound each to each by natural piety.

*-William Wordsworth*

May the coming year bring peace, health and bounty to all of us.  
 Thank You.





## Prize winners of various competitions



### Department : Chemistry

#### Article writing

Prize	Student Name	Class
I	Sanath S	II PU(A)
II	Tanushree	IIPU (A)
III	Vedaa	IPU (A)
III	Mohakumar	IIPU (A)

#### Chemistry Quiz

Prize	Student Name	Class
I	Prathana Bhat	IIPU
II	Sumith Kumar	IIPU
III	Manmohan	IIPU

#### Power point Presentation (PPT)

Prize	Student Name	Class
I	Sanjana Ramesh	II PU
II	Purushothaman R	II PU
III	Keerthi T M	II PU

Prize	Student Name	Class
I	Ragavendra SH	I PU
II	Vedda V	I PU
III	Suhani C N	I PU

#### Chemistry Quiz

Prize	Student Name	Class
I	Prathana Bhat	IIPU
II	Sumith Kumar	IIPU
III	Manmohan	IIPU

### Department : Mathematics

#### Maths PPT

Prize	Student Name	Class
I	Ragavendra SH	I PU
II	Purushottaman R	II PU
III	Veda V	I PU
IV	Sanjana Ramesh	II PU

#### Sudoku

Prize	Student Name	Class
I	Vishak Kashyap	II PU
II	Abhilash Reddy	I PU
III	Manmohan Reddy	II PU

#### Mathes quiz

Prize	Student Name	Class
I	Sanjana Ramesh	II PU
II	Harshith	IPU
III	Ragavendra S H	IPU

## Department : Biology

### Photography

Prize	Student Name	Class
I	Kiran Reddy	II PU
II	Mohamad Arban	II PU
III	Keerthan Reddy	II PU

### Best out of waste

Prize	Student Name	Class
I	Siddalinge Gowda	II PU
II	Bhavana	II PU
III	Ujwal S	II PU

### Power Point Presentation

Prize	Student Name	Class
I	Sanjana Ramesh	II PU
II	Raghavendra	II PU
III	Keerthi T M	II PU

## Department : Commerce

### Quiz

Prize	Student Name	Class
I	Bhuvan M	I PU
II	Pranav N	I PU
III	Chaithanya S	I PU

Prize	Student Name	Class
I	Nithish J	II PU
II	SooRaj	II PU
II	Musaddiq Ahmed	II PU
III	Lohith N Gowda	II PU

### Modal Making

Prize	Student Name	Class
I	Sangitha M	II PU
II	Keerthana A M	II PU

### Debate Competition

Prize	Student Name	Class
I	Keerthana M	II PU
II	Lekha M	II PU
III	Sangeetha M	II PU

### Debate Competition

Prize	Student Name	Class
I	Keerthana A M	I PU
II	Bhuvan M	I PU
III	Chaithanya	I PU

### Collage Making

Prize	Student Name	Class
I	Keerthana A M	II PU
I	Sangeetha M	II PU
II	Chethan Rajshekar	I PU

### Poster Making

Prize	Student Name	Class
I	Priyanka Shenya	II PU
II	Sanya Sharma	II PU
III	Keerthana M	II PU
III	Sangeetha M	II PU
IV	Vyitha Raj K	II PU

### Essay Writing

Prize	Student Name	Class
I	Sirisha Shety	I PU
I	Ramya Shree Bhatt	I PU
II	Lekha Sinda	II PU



## Department : Kannada

### Essay Writing

Prize	Student Name	Class
I	Nanje Gowda	IIPU (D)
II	Purushothaman R	IIPU (B)
III	Ramyashree Bhatt	IPU (D)
III	Siddalingegwoda	II PU (A)

### Bhavagethe

Prize	Student Name	Class
I	Ghanavi	I PU (B)
I	Sangetha	IIPU (D)
II	Chaya	II PU (D)

## Department : Sanskrit

### Quiz

Prize	Student Name	Class
I	Purushottaman R	IIPU
II	Hrishikesh Pathak	IIPU
II	Varun Kulkarni	IPU
III	S.Shreyas	II PU

### Subhashita

Prize	Student Name	Class
I	S.Shreyas	II PU
II	Purushottaman R	IIPU
III	Hrishikesh Pathak	IIPU

## Department : English

### Debate

Prize	Student Name	Class
I	Raghavendra Hande	I PU (B)
II	Kaushik Gopal Gaitonda	I PU (A)
III	Bhuvan M	I PU (D)

Prize	Student Name	Class
I	Prathana P Bhat	II PU
II	Sanjana Ramesh	II PU
II	Purushothaman R	II PU (B)
III	Pratham P Bhat	I IPU
III	Tanushree	II PU(B)

### Essay Writing

Prize	Student Name	Class
I	Raghavendra Hande	I PU (B)
II	Purushothaman R	IIPU (B)

## Cultural Activities

### Drawing

Prize	Student Name	Class
I	Vignesh Raikar	II PU (B)
II	Ramya shree Bhat	I PU (D)
III	Dhruthi V	I PU (A)

### Rangoli

Prize	Student Name	Class
I	Meghana S	II PU
II	Vedaa V	IPU
III	Bhavana J	II PU

### Vegetable Carving

Prize	Student Name	Class
I	Vedaa V	I PU
II	Vishak S Kashyap	II PU

### Singing

Prize	Student Name	Class
I	Varshini	II PU (D)
II	Dhruthi G Rao	II PU (B)

### Dancing

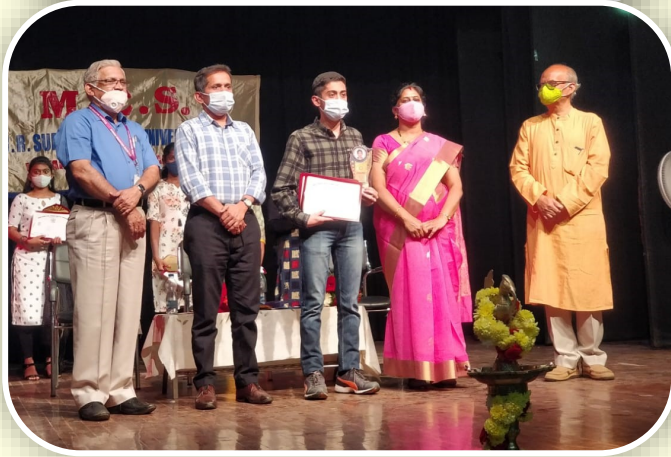
Prize	Student Name	Class
I	Deekshitha K	II PU (D)
II	Meghana R	II PU (A)



# Annual Activities



## Felicitation to Academic Achievers



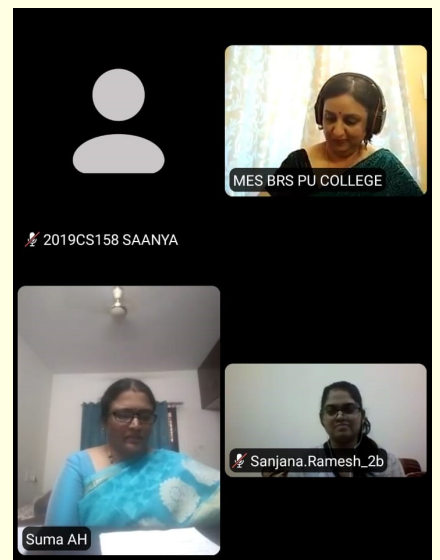




# संस्कृतोत्सवः



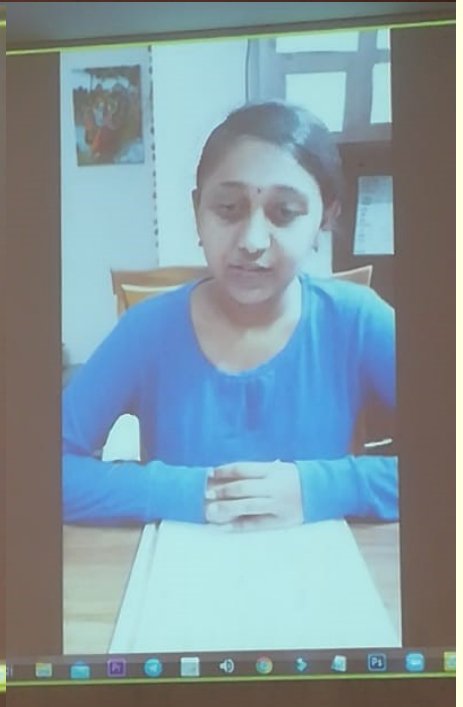
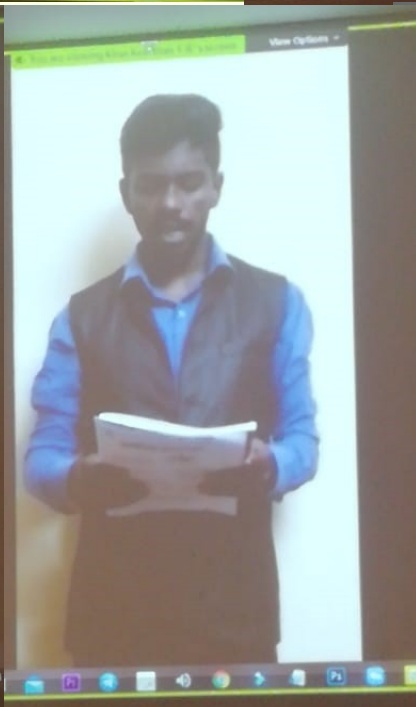
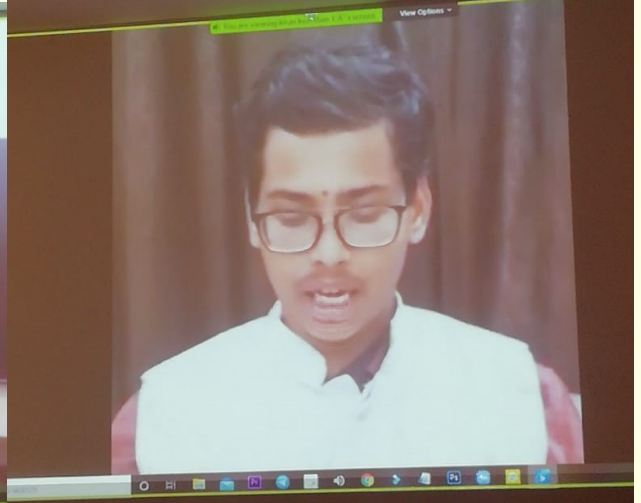
# English Webinar







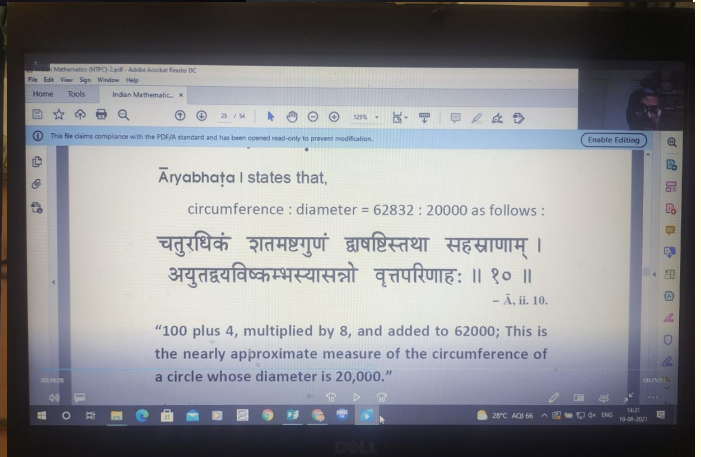
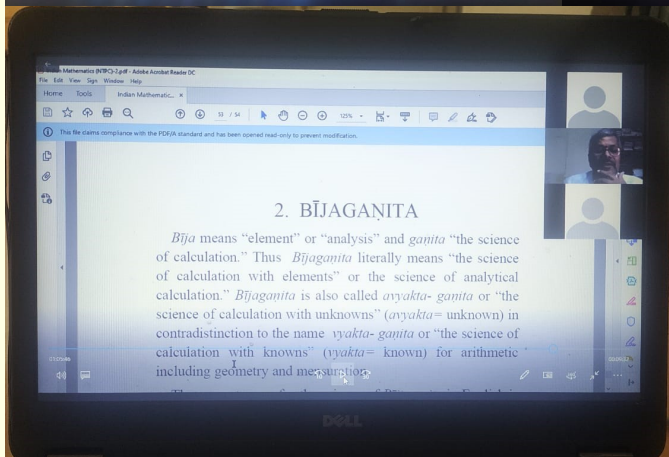
# Teachers' Day



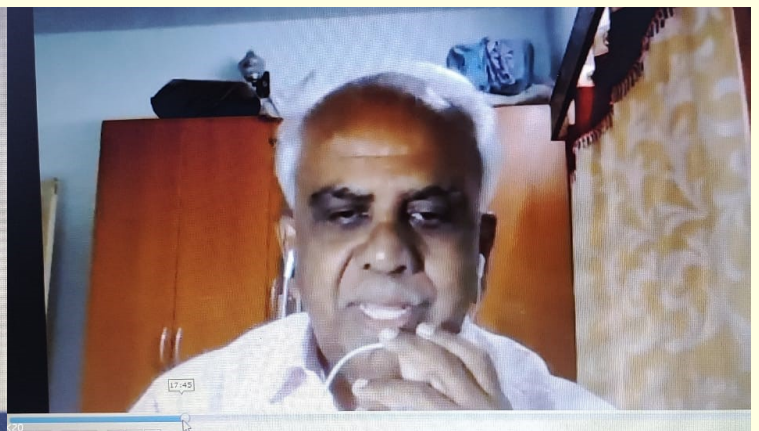
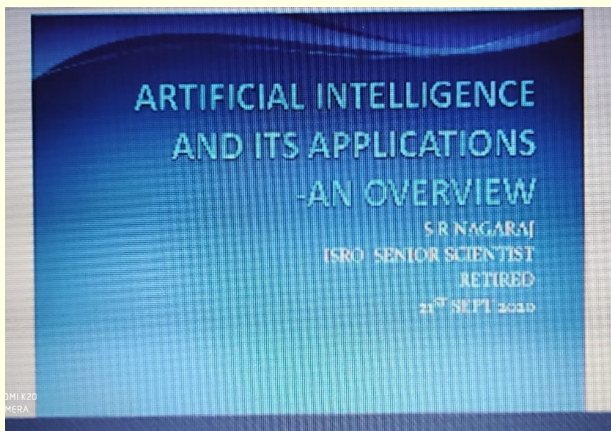




# Mathematics Webinar



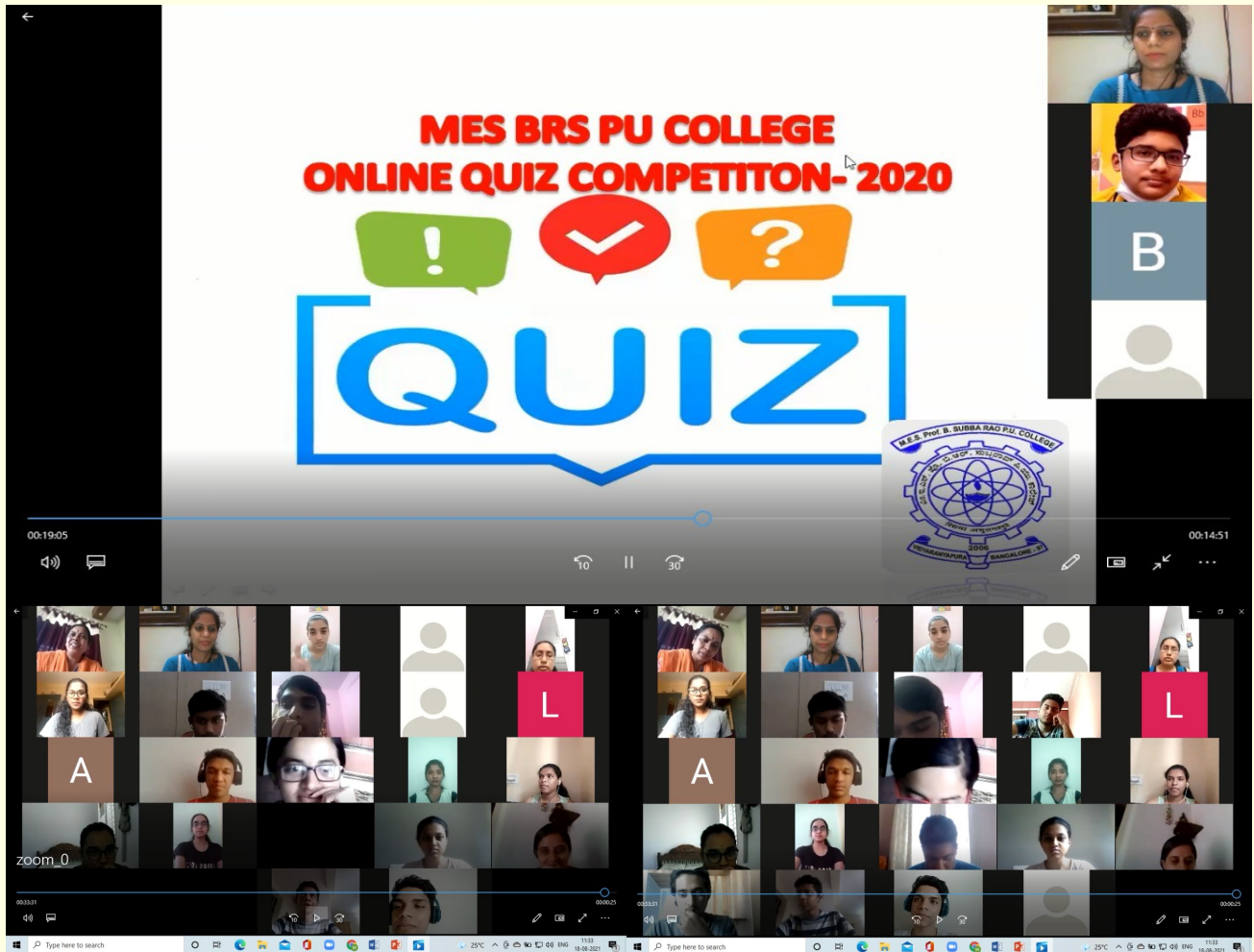
# Physics Webinar







# Commerce Club



# Ganesha Pooja







## Astral View



## Our Principal Honoured by Presidency University







**Blessed by the doyen of MIES,  
Smt. Vimala Rangachar ma'am**



**Covid-19 test by BBMP**







# ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ







## Orientation for 10<sup>th</sup> Students



## Orientation for II PU Students







# Interact Club Activities



## Inaugural Programme



## Special Talk by Mr.Rajesh



## Visit to Old-age home







# Sports Activities



Government of Karnataka  
District Level Sports- March-2021

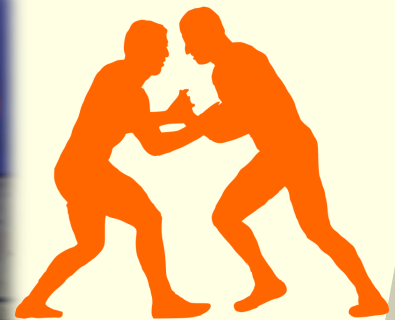
## Taekwondo (Boys)

Sl. No	Student's Name	Class	Remarks
01	Vishak S Kashyap	2 <sup>nd</sup> PU	Gold
02	Nesara Gowda	1 <sup>st</sup> PU	Gold



## Wrestling (Boys and Girls)

Sl. No	Student's Name	Class	Remarks
01	Siddhalinge Gowda	2 <sup>nd</sup> PU	Gold
02	Jayanth M	2 <sup>nd</sup> PU	Gold
03	Yashwanth N	2 <sup>nd</sup> PU	Gold
04	Sangeetha M	2 <sup>nd</sup> PU	Gold
05	Bhavya Shree	1 <sup>st</sup> PU	Gold
06	Sridhar C. V	2 <sup>nd</sup> PU	Silver
07	Darshan K. V	2 <sup>nd</sup> PU	Silver
08	Akshit M. A	2 <sup>nd</sup> PU	Silver
09	Sagar R	2 <sup>nd</sup> PU	Bronze
10	Akhilesh Yadav	2 <sup>nd</sup> PU	Bronze



## Tennis-Volley ball (Boys)

Sl. No	Student's Name	Class	Remarks
01	Jayanth M	2 <sup>nd</sup> PU	Silver
02	Akhilesh Yadav	2 <sup>nd</sup> PU	Silver
03	Man Mohan Reddy T. N	2 <sup>nd</sup> PU	Silver
04	Shiva Kumar	2 <sup>nd</sup> PU	Silver



## Tennikoit (Girls)

Sl. No	Student's Name	Class	Remarks
01	Druthi G Rao	2 <sup>nd</sup> PU	Silver
02	Keerthi	2 <sup>nd</sup> PU	Silver
03	Sahana	2 <sup>nd</sup> PU	Silver





## Athletics (Boys and Girls)

Sl. No	Student's Name	Class	Event	Remarks
01	Sridhar C. V	2 <sup>nd</sup> PU	5Km Walk Race	Silver



## Boxing (Boys)

Sl. No	Student's Name	Class	Remarks
01	Syed Musharaff Pasha	2 <sup>nd</sup> PU	Selected

### Government of Karnataka

District Level Sports- March-2021

This year we had an honor to conducted **District Level Badminton Tournament** in MES BRS PU College.

Mr.Shriram AS (Deputy Director, PU Board, Bangalore North) formally inaugurated the programme and Mr.Shridhar(Sports Co-Ordinator, Bangalore North) was the guest of honour.







### Boys

Winners: -Sindhi PU college, Runners: -St. Joseph main PU



### Girls

Winners: -MCC PU College, Runners: - M E S main PU





## II PUC A Section - Science



## II PUC B Section - Science



## II PUC D Section - Commerce







## Parents' Letter of Appreciation



To,

Principal  
MES Prof. B.R. Subbarao College  
Vidyaranya  
Bengaluru - 560097

Date: 28<sup>th</sup> July, 2021

Sub: Feedback on the online class conducted for the year 2020-21.

Dear Madam,

I K C Rohini, mother of Dhruithi J. Rao who studied in MES Prof. B.R. Subbarao College, Bengaluru for the academic years 2019-21

Firstly I would thank all the teachers of the college for their support during the pandemic towards children.

Online classes was challenging for the teachers in terms of technology. But they did a wonderful job and tried to give the best subject knowledge.

Dhruithi particularly looked forward to attend all the online classes and tried to make the best use of what was thought.

So once again I thank the whole faculty for their support in helping our children create their future.

Thanking You,  
Yours faithfully,  
Rohini K C

## Parents' Letter of Appreciation

To,  
The Principal,  
MES BR Subbarao PV College,  
Vidyaranyapura,  
Bangalore - 560097.

Subject : Feedback on online classes

Madam,

We are Parameshwar Bhat and Primalatha Bhat,  
parents of Pratham and Prarthana Bhat of II PVC, year  
2020-2021.

Due to the pandemic, the classes were online last year. The classes, though online were of impressive quality. The classes were live which is much more interactive than recorded classes. In many cases the added virtual element in fact led to a better understanding of the topics. The tests and exams were also held regularly.

We would like to conclude saying that these classes were excellent and were not lacking in anyway.

Thanking You,  
Yours faithfully,  
Parameshwar Bhat  
Primalatha Bhat.



# English Section

**English literature is a kind of training in social ethics.**

**English trains you to handle a body of information in a way that is conducive to action.**

**- Marilyn Butler**



# ECOFEMINISM



E: Excellent  
C: Courageous  
O: Outstanding  
F: Fantastic and  
E: Enthusiastic  
M: Mind  
I: Initiated to  
N: Nurture and  
I: Increase the  
S: Social  
M: Maintenance and Well being



Ecofeminism is an activist and academic movement that sees critical connections between the domination of nature and the exploitation of women.

There are many similarities between a woman and the nature.

1) A woman's tolerance is compared to the nature's tolerance.

In today's world, people have become very selfish and greedy that they have started overexploiting and polluting the nature indiscriminately, but still our nature has a high tolerance level that it still provides us with all the necessary needs in our life. In the similar way, women too have a high tolerance level even after a lot of discrimination from the society, being rudely treated by the people but still tolerates all the injustice and provides the family and the society the required needs.

2) A woman's love and care is compared to that of nature's love and care.

Irrespective of the wrong actions performed by the people, the nature still continuous to love and care without being greedy or selfish. In the similar way, women plays various roles in our society with lot of love, care and compassion and most importantly without complaining even after facing a lot of humiliation, injustice, inequality, discrimination and torture.

3) Nature treats everyone equally without any partiality and at each step completes its responsibility with great grace and compassion. In the similar way, women also fulfil all their responsibilities with great grace and compassion.

The nature gives us its land for us to stay in this world, in the similar way the mother gives birth to a child to stay in this world.

The nature provides us with all the necessities of life like food, water and shelter, in the similar way, a woman as a wife takes care of her family, as a mother brings up the child by teaching the do's and don'ts of the society and as a worker contributes towards the economy of the country.

Our nature and our women contributes a lot towards the enhancement of the world and the only thing they expect is love and respect. Love the nature by protecting it and respect it by not polluting it, in the similar way, love a woman for her actions and contributions and respect a woman by treating them as equals and by encouraging them to do what their souls ask them to do.

We all must remember that every living being exist due to our nature and every human being exist because of a woman.

When we learn to protect our nature then definitely we will learn to protect our women. When we



learn to listen the various sounds of each and every species in our nature, we will learn to voice up the women rather than suppressing them. When we learn to prevent actions like deforestation, poaching, hunting, polluting etc. We will learn to prevent all the injustice, inequality and discrimination against the women.

 **Sanjana Ramesh**  
II PUC, Science



## A Reader's Treat.



*"Books are a uniquely portable magic."*

Reading books is important because it develops our thoughts, gives us endless knowledge and lessons while keeping our minds active. It doesn't just help with our critical thinking, but it also improves our brain function. It served me as my best friend during the lockdown of COVID 19 Pandemic.

I'm a person who loves to read Historical Novels. Anais Nin has stated that, "We write to taste life twice, in the moment and in retrospect." It is more true in the case of historical fiction, which allows readers to set foot inside the minds of those who have shaped the sphere we live in. It is something that drives every genre of literature.

Writing the historical fiction books is not that easy task ! Recreating the events that happened long ago in the minds of readers through books is not everyone's cup of tea. But today, according to their views, many authors and writers, have expressed and yielded the treasure of Indian History to us.

Rather than adopting ourselves to western culture, we can look back to our own cultural heritage that we and our ancestors have come through. It never forgets to promulgate the scrupulous values that every human living on this earth should embrace in their lives.

When put it on a balance scale, the literary values of the novel weighs more compared to that of philosophical and spiritual values. But, it seems okay when the reader is ready for his treat! To name a few, from the list of Indian Historical Novels, 'Avishi' by Saiswaroopaa Iyer, 'Sita's Sister' and 'Ahalya's Awakening' by Kavita Kane, 'Ram Chandra' series by Amish Tripathi, 'Yuganta – the end of an epoch' by Irawati Karve, 'Hastinapur Series' by Sharath Komarraju, 'The Palace of Illusions' by Chitra Banerjee Divakaruni, 'The Flaming Tresses of Draupadi' by Veerappa Moily, 'Draupadi – India's First Daughter' by Vamsi Krishna, 'The Curse of Gandhari' by Chitra Banerjee and yeah, the list keeps on going.

In the above list, I've read many, but not all. Many lines or maybe, paragraphs find fascinating every time for any reader. Some may be true; many may be fictitious, the authors' way of verbalising the authentic plots is fantabulous!



Probably, the best-selling author of the genre, Kavita Kane's 'Sita's Sister', 'Ahalya's Awakening', 'Menaka's Choice' and all of her books have a earmark; and that is the view of epics from hitherto unexplored character's point of view. Her magic of writing can be seen even in her marvellous 'Fisher Queen's Dynasty' and 'Karna's Wife: The Outcast's Queen.'

The highly meaningful and colourful war-work in the palette of Indian History, Mahabharata remains always as my first choice. Sharath Komarraju's 'Hastinapur' Series came as a gratifying nonplus in my reading journey. Be it, 'The Winds', 'The Rise' or 'The Queens' of Hastinapur series, it surely remains close to my heart till my last breath!

close to my heart till my last breath!

Devi Ganga, in 'The Winds Of Hastinapur' speaks about her death thus: "My hair is white and thin now. In a few moons, the Goddess will claim me." Though fabricated, the lines feel so expressive while reading.

Kunti, known for her compassion and devotion, was the perfect figure of wisdom. Though her life was filled with difficulties, she handled it without any hesitations. It has been stunningly explained by Irawati Karve, in her 'Yuganta – the end of an epoch' about Kunti's demise. The line goes thus: "She died as she lived, without bending."

Prologue plays a pivotal role in the globe-trot of a pen with its author. It should be catchy and alluring. One such, which I found interesting was from 'The Curse of Gandhari' by Aditi Banerjee. The lines which attracted me, about explaining Krushna and Gandhari is thus: "...How he glittered like sapphire against the green trees and swaying grasses muddied black by the night. How he would slip away from all the young girls who chased him, flute dangling from his hand, a plain yellow silk cloth around his waist..... But there was once a time when Krishna was the one in pursuit; once, he was the one chasing a woman, in a different forest when he was much older; when a gem encrusted crown had replaced the peacock feather in his hair. The woman he chased was emaciated and old, yet elegant still, despite the white gauze bandage wound tight around her eyes, blindfolding her. She was running away from him, desperate to avoid him. But he would not relent. He had come to confront her – Gandhari, the erstwhile queen of Hastinapur – one last time, to prepare her to die." No words!

My recent read was Vamsi Krishna's 'Draupadi – India's First Daughter'. An astounding one!

I highly recommend this genre of books for reading. Definitely it creates a philosophical yet creative world within us. I hope and wish to read all the books mentioned at a stretch sometime in my life.



 **Purushottaman R.**

II PUC, Science





## Life Should Come With Background Music !



Music is the outburst of our souls. It helps us escape the reality. As a teenager, I listen to music every single day because it relaxes my mind. It is the most amazing tool that is used to harness emotions.

We watch movies, series and documentaries. Ever wondered what makes them so interesting? It's the music that they use for particular scenes. The myriad of emotions like love, hatred, anger, jealousy, hope, despair and suspense are portrayed to us with music. Imagine watching a horror film without any soundtracks. It will turn out to be boring in the most unimaginable way.

Our lives are no less compared to movies are they? Maybe the regular life that we live can be considered to be an epic if we had background music for the every moment we live. It would be best if it was linked to our sub-conscious mind. Background music is a smooth way to fill in moments. Everything that is happening around us would become more intense because that's what background music does, it alerts us when something is about to happen or is currently happening. It strongly motivates us to achieve something and could push us further in knowing our inner selves. Fortunately, research shows that this is beneficial since music offers cognitive benefits when it comes to factors such as creativity and productivity.

To sum up everything that has been stated so far, it wouldn't be so bad if our lives had background music. The world would be different and probably even livelier. We would have our own personal themes, soundtracks and we would be completely accustomed to this music.



 **NIDHI P. KUMAR**

I PUC , Science



## BITCOIN



Is the rising of a virtual currency with no central bank or administration? Certainly, a concept that was not thought to gain such value, the RBI of India had introduced a ban on all crypto currencies due to volatility and unpredictability, however the ban is currently lifted in the year 2020 but is still under the radar for possible ban/higher restriction in 2021.

### So, what is a Bitcoin?

Bitcoin is a virtual coin/currency that can be bought and stored on a digital platform using apps or websites, into a digital wallet. Bitcoin uses a technology database called block chain where every user can ultimately see who and how much of the currency is bought or sold and its history.

The current value of a bitcoin is Rs 42,54,059.76 as of May 1<sup>st</sup>,2021. It was invented in the year 2009 by an anonymous person or group of people under the alias Satoshi Nakamoto and was valued at just ONE Dollar or just equivalent to about Rs 73.



However, the bitcoin is not recognised widely with bans/restrictions in multiple countries, on the flip side major companies that accept bitcoin are Tesla, Microsoft and Starbucks among others. Bitcoin could be future or could turn out to be doomsday for its investors.

It is a major cryptocurrency that captures almost half the market as compared to all the other cryptocurrencies combined.

For the present, the boat could rock both ways, it may or may not be a boat to sail.

 **Yashas**

I PUC , Science



## Beautiful days



How beautiful were those days. We would run to the Jumping walls, crossing fences. All holidays meant to us was playing with friends. Said to return by 12, we would play till our mothers would come searching for us, carrying

Those days were indeed beautiful

Getting up at 6 in the morning, just to watch our favourite heroes save the world. Fighting with siblings for the TV remote, playing pranks on them, troubling them until one gave up. Fighting hard in the morning, together for Ajji's stories at night.

Yes, those days were beautiful

Our change from four wheels to two wheels on a cycle was biggest promotion then. Where, fun arrived on cycle carrying the colours of the rainbow. Red, blue, round, long, balloons come in all shapes. Getting money from mom was a different adventure in all .And how could you forget cotton candy, which mom stated as unhygienic, but somehow, got the money from Ajja

Those moments were beautiful.

One cycle, razor sharp blades, sparks flying everywhere. Ma's glaring eyes told to keep a safe distance .It meant one thing to us, Knives out, cutler has arrived to make the most blunt of the knives sharper than ever. That was a time when everything came on carts, everything ranging from bindis to buckets, from carpets to clothes all stacked, tied and loaded on. Did someone say portable mall!

Those times were beautiful.

But after the invention of internet,

The carts have disappeared, the camel rides have disappeared, the games, the fun with friends has disappeared. The online platform has taken away all the joy. We have become machines, unknown of the enjoyment of being together.

If given a chance, I would turn the clock back and relive these moments again.

Yes, those times were beautiful

 **Raghavendra S.H**

I PUC , Science



# Our nature - Our mother earth

**" Our generation needs to be more responsible to preserve earth."**

The above statement is a very true statement in today's crisis.

Everyone calls our 'earth' as ' mother earth'. How many of us actually treat our 'earth' as 'mother earth' ?

Is it just a statement or a responsibility to be fulfilled?

Let's take the biggest example in today's world of how our nature, our earth has controlled the mankind and forced each and every person under a lockdown. That biggest example is none other than our micro virus - 'the corona virus'.

I personally feel that this is a warning sent by our earth to the mankind to play less with the nature's fury. Not only with the nature's fury but also with the humanity. Mankind has always lived up with superiority, forgetting the humanity towards other living creatures. This superiority has been kneeled down by the tiny virus to make us realize that we aren't superior.

So friends, it's high time that we correct our mistakes and move towards our responsibility of serving our mother earth. Every small contribution brings up a big change. And one should remember that our earth isn't complete only with mankind but with each and every organism that exist on earth, we form a life cycle and if we try destroying any one organism in it can also cause a great disaster to the rest of the organisms . So its all about going along with humanity and saving the animals from becoming extinct.

The next cruel act which we are witnessing is the act of deforestation. Let's just imagine ourselves of being a tree, a tree who is happy embracing the sunlight and having a good relation with the sweet birds and all of a sudden we realize that we are going to be cut down and used for man's selfishness. How do we feel ? Would anyone of us like ending up our life like that ? No, i dont think so. We consider a tree to be a living creature, but do we actually mean it?

We people fund and invest money in many things such as buisness, share markets, stocks etc..if we contribute even 1% of what we invest in protecting our nature, then we would be under a great profit. Profit.....i mean the profit of being safe.....fresh air to breathe, juicy fruits to eat, animals to love and many more.

The next question which arises is how do we fund? How do we contribute?



Today's world has moved a lot in the field of technology. There are lot of online funds and ngo's working for animal lovers and nature lovers through which we can contribute our part. Apart from online services, there are many activists working to protect our nature. I wouldn't say to spend all day long to serve our earth, but if we spend even an hour to contribute our part that would really make a big difference.

We all are under self-quarantine to protect us and our loved ones. Let's all sit back and realize our mistakes of polluting our earth and let's correct it and start a new beginning with love, compassion and humanity towards each and every organism in our nature and learn to protect our nature like our family.

One hand can make a lot of difference and ten hands can make a huge difference.

 **Sanjana Ramesh**

II PUC , Science



## A Phenomenal Choice, Chemistry



What do you think the Science of **Chemistry** is all about? Is it only the breath-taking, step-by-step chemical reactions containing processes as we read in our textbooks? **Definitely NO!**

Chemistry is everywhere. It is used to produce our possessions and paraphernalia. It is found in earthing too, and in putrefaction too. It even ushers the quotidian metabolic activities in our body too.

Chemistry is all about the study of composition, structure and properties of the substances we find around us. We'll have to learn their interdependence, see their sea-change and revamping they undergo and discover how these information can be utilitarian to us..

The Science of Chemistry copes up with manifold fields such as Physics, Biology, Medicine and many others.

A deep understanding of biological processes and the physical properties of materials could be attained through the knowledge of Chemical Science.

The sphere which we live in is made up of atoms, molecules and ions. Their behavior determines the properties of the substances we come across in our daily lives. Knowledge in Chemistry will definitely give us an understanding and appreciation of materials making up our world. A career in Chemistry would definitely make us to create something entirely new.



**Purushottaman R.**

II PUC , Science



## BREATHE.....



**Breathe...**a word familiar to all of us. We start to breathe from the time we start our journey in Mother's womb. We breathe in and out about 22,000 times a day. A process which we have been doing and a process which ends with us.

Among all the gifted blessings which I have not thanked all these days, breathe too is one such unnoticed process, which has been an integral part of me, but still unnoticed.

Due to pandemic, the four walls of my home at Bangalore became my world. With my routine schedule, every day was passing by. With news channels broadcasting about shortage of beds, oxygen cylinders, vaccination, medicines etc., I got scared of situation and future. So stopped watching that too. I didn't realize the effect of disconnecting with the outer world, as a routine schedule repeated, but frustration, anxiety, stress got built up unknowingly.



I was happy enough when I got a chance to move out of Bangalore to my native at Sagar, Shimoga district. A place 45 km from taluk headquarters, a remote village, a single house amidst forest and arecanut plantation. The moment I stepped in this place, there was a huge difference which I could make out. I was actually breathing. I started to look around. Full of green trees. There was life all around. I could compare myself, my thoughts, my breathing pattern, how it changed when I reached here. I could literally relax.

Now I am realizing, breathing fresh air, what it means to body and mind. Amidst the four walls, in Bangalore too, I was breathing, but it was an unnoticed task. Coming to this place, I started noticing that breathing brings life to life.

As I observe the breathing pattern now -it is slow, deeper, a sense of relaxation. If I try to recollect when in Bangalore, due to stress my breaths were short, shallow, sometimes used to be long expressing sadness or a sigh of despair.

So, is it that breathing pattern expresses state of mind? Is it possible to work on breathing techniques? Is it possible to understand our breathe? I started working out on these. There exists a lot of difference in pattern of breathing when we are in stress and when we are relaxed. But both the times, this pattern goes unnoticed. Because breathe is taken for granted.

There are many simple breathing techniques which can keep our body mind and soul at sooth like **Mindful breathing, Deep breathing, 4-7-8 breathing technique, 5-5-5 breathing technique etc.**

Buddha says about breathing,

Anapanasati sutra-

He trains himself, 'I will breathe in sensitive to the entire body'

He trains himself, 'I will breathe out sensitive to the entire body'

He trains himself, 'I will breathe in calming bodily fabrication'.

Sources says, Buddha entered this first state of meditation by means of Breathe.

When I started observing my breathe consciously, I observed, no thoughts were flowing...a wonderful experience to come out of stress, anxiety.

May be the reason for me to travel all the way till here is Fear, but realization about the significance of breath through this journey is worth it.

In this busy world, the basic essence of life-

Breathe -I did take for granted,

Food- which gives strength, hardly I relished

Water- which keeps my body hydrated, I never drank peacefully.

And all the elements living and non-living which is responsible for what I am, I have taken for granted.

Through this article, I would like to express my heartfelt gratitude to all the elements of mother Earth, who has always tried her best to give us the best.

My pattern of breathing has changed, earlier it was unnoticed, now a sense of belongingness, thankfulness for each breathe-which says- 'I am still alive'



 **Mrs.Swarna Gowri.G**

Lecturer in Chemistry.



# ಕನ್ನಡ ವಿಭಾಗ

ಸಿರಿಗನ್ನಡಂ ಗೆಲೈ.

ಸಿರಿಗನ್ನಡಂ ಬಾಳ್ವೆ.





## ಕೋವಿಡ್ -19 ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮಗಳ ಪಾತ್ರ

ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮ ಎಂಬ ಶೀರ್ಷಿಕೆಯೇ ಹೇಳುವಂತೆ ಇವು ಸಮಾಜಕ್ಕೆ ಸೂಕ್ತ ಸಂದೇಶ ನೀಡುವ ವಾಹಕವಾಗಿವೆ. ಸಮಾಜದಲ್ಲಿ ನಡೆಯುವ ಆಗು-ಹೋಗುಗಳ ಸ್ಪಷ್ಟ ಮತ್ತು ನೈಜ ಚಿತ್ರಣವನ್ನು ನೀಡುವ ಸಮಾಜಮುಖಿ ವಾಹಕವಾಗಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸುವುದು ಅದರ ಮುಖ್ಯ ಕಾರ್ಯವಾಗಿದೆ.

ಇಂದು ದೇಶದಲ್ಲಿ ಕೋವಿಡ್ -19 ಎಂಬ ಸಾಂಕ್ರಾಮಿಕ ರೋಗ ಜಗತ್ತಿನೆಲ್ಲೆಡೆ ತನ್ನ ಕಬಂಧ ಬಾಹುಗಳನ್ನು ವಿಸ್ತರಿಸಿ ದೇಶದ ಜನ-ಜೀವನದ ಮೇಲೆ ಮತ್ತು ದೇಶದ ಆರ್ಥಿಕತೆಯ ಮೇಲೆ ಅಪಾರವಾದ ಹಾನಿಯನ್ನುಂಟು ಮಾಡಿ ಜಗತ್ತನ್ನು ತಲ್ಲಣಗೊಳಿಸಿದೆ. ಇಂಥ ಸ್ಥಿತಿಯಲ್ಲಿ ಜನರಲ್ಲಿ ಜಾಗೃತಿ ಮೂಡಿಸಿ ಸಕಾರಾತ್ಮಕ ಚಿಂತನೆಗಳನ್ನು ಜನರಲ್ಲಿ ಬಿತ್ತುವ ಕಾರ್ಯವನ್ನು ಮಾಡಬೇಕು.

ದೇಶದೆಲ್ಲೆಡೆ ಭಯ-ಭೀತಿಯನ್ನು ಹುಟ್ಟು ಹಾಕಿರುವ ಕೊರೋನಾ ಮಹಾಮಾರಿಯು ಅನೇಕ ಜನರ ಪ್ರಾಣಾಹುತಿ ತೆಗೆದುಕೊಂಡು ಭೂಲೋಕವನ್ನೇ ನರಕ ಸದೃಷವಾಗಿಸಿದೆ. ಜನರೆಲ್ಲ ಭಯ-ಭೀತರಾಗಿ ಮಾನಸಿಕ ಸ್ಥಿರತೆಯನ್ನು ಕಳೆದುಕೊಂಡು ಸಾಂತ್ವನದ ಮಾತು ಮತ್ತು ಧೈರ್ಯ ತುಂಬುವ ನುಡಿಗಳಿಗಾಗಿ ಕಾತರಿಸುತ್ತಿದ್ದಾರೆ. ಬೇರೆಲ್ಲ ಖಾಯಿಲೆಗಳಿಗಿಂತ ಇದು ವಿಭಿನ್ನವಾಗಿದ್ದು ಯಾರಾದರೂ ತೊಂದರೆಯಲ್ಲಿದ್ದರೆ ಸಹಾಯಮಾಡಲು ಕೂಡ ಮುಂದಾಗದಂತಹ ಪರಿಸ್ಥಿತಿ ನಿರ್ಮಾಣವಾಗಿದೆ.

ಇಂಥ ಡೋಲಾಯಮಾನ ಸ್ಥಿತಿ ಹೊಂದಿರುವ ಜನರಿಗೆ ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮಗಳು ಬಿತ್ತರಿಸುವ ಕಾರ್ಯಕ್ರಮಗಳು ಕಾಮಧೇನು ಕಲ್ಪವೃಕ್ಷವಾಗಬೇಕು. ಮಾನಸಿಕ ನೆಮ್ಮದಿಯನ್ನು ನೀಡಬೇಕು. ಧೈರ್ಯ ತುಂಬುವ ಕಾರ್ಯವನ್ನು ಮಾಡುವತ್ತ ತಮ್ಮ ಗಮನ ಹರಿಸಬೇಕು. ಅದಲ್ಲದೇ ಕೇವಲ ಸಾವಿನ ಸಂಖ್ಯೆಯನ್ನು ಮಾತ್ರ ಪದೇ ಪದೇ ಹೇಳುವುದು ನಕಾರಾತ್ಮಕ ಫಲಿತಾಂಶ ಬಂದ ವ್ಯಕ್ತಿಗಳ ಬಗ್ಗೆ ಮಾತ್ರ ಮಾಹಿತಿ ನೀಡದೇ ಗುಣಮುಖರಾಗಿ ಆಸ್ಪತ್ರೆಯಿಂದ ಹೊರಬಂದ ರೋಗಿಗಳ ಬಗ್ಗೆ ಮತ್ತು ಮನೆಯಲ್ಲಿಯೇ ಇದ್ದು ಯಾವ ರೀತಿಯ ಮುನ್ನೆಚ್ಚರಿಕೆ ಕ್ರಮಗಳನ್ನು ಕೈಗೊಳ್ಳಬೇಕೆಂಬುದನ್ನು ಪದೇ ಪದೇ ಹೇಳುತ್ತ, ಯಶೋಗಾಥೆಗಳನ್ನು ಬಿತ್ತರಿಸುತ್ತ ಹೋದಲ್ಲಿ ಜನರಲ್ಲಿ ಭರವಸೆ ಮೂಡಿಸುವತ್ತ ಗಮನ ಹರಿಸಿದಾಗ ಮಾಧ್ಯಮಗಳು ಯಶಸ್ವಿಯಾಗಿ ಜನರ ಮನವನ್ನು ಗೆಲ್ಲಬಲ್ಲವು.

 ಸೌಜನ್ಯ ಭಾರ್ಗವ

ಪ್ರಥಮ ಪಿಯುಸಿ 'ಎ' ವಿಭಾಗ

## ಜೀವನದಲ್ಲ-ನಾನು ಹಾಗೂ ನನ್ನದು

ಹೌದು. ಇಂದಿನ ಸಮಾಜದಲ್ಲಿ, ನಮ್ಮ ಕೆಲಸ ನಾವು ಮಾಡಬೇಕು. ಬೇರೆಯವರ ವಿಷಯ ನಮಗೇಕೆ? ಎಂದು ಇರಬೇಕು ಎನ್ನುವುದು ಹಲವರ ಮಾತು ಮತ್ತು ಅನಿಸಿಕೆ. ಈ ಮಾತು ಕೆಲವೊಮ್ಮೆ ನಿಜ ಎನಿಸಿದರು, ಅದು ಕ್ಷಣ ಮಾತ್ರ. ನಾನು, ನನ್ನದು ಎಂದು ಕೆಲವೊಂದು ವಿಷಯದಲ್ಲಿ ಇರಬೇಕು ಆದರೆ ಎಲ್ಲದರಲ್ಲಿಯೂ ಅಲ್ಲ. ಇದಕ್ಕೆ ಉದಾಹರಣೆ ನನ್ನ ಗೆಳೆಯ 'ಪೀಟರ್'. ಆತ ರೋಡಿನ ಪಕ್ಕದಲ್ಲಿ ಅವರ ತಂದೆಯವರು ಇಟ್ಟಿದ್ದ ಸೂಪರ್‌ಮಾರ್ಕೆಟ್‌ಗೆ ಆಗಾಗ ಹೋಗಿ ತನ್ನ ತಂದೆಗೆ ಸಹಾಯ ಮಾಡುತ್ತಿದ್ದ. ಒಮ್ಮೆ ಆತ ಅಂಗಡಿಯಿಂದ ಕೆಲಸ ಮುಗಿಸಿ ಬರುವಾಗ ರಸ್ತೆಯಲ್ಲಿ ಅಪಘಾತ ಸಂಭವಿಸಿತ್ತು, ಆತ ಅವರಿಗೆ ಸಹಾಯ ಮಾಡದೆ ಅವನು ವಿಡಿಯೋ ಮಾಡಿ ಸಾಮಾಜಿಕ ಜಾಲತಾಣದಲ್ಲಿ ಹಾಕಿದನು. ಹೀಗೆ ಹಲವಾರು ಬಾರಿ ಮಾಡಿದನು. ಆದರೆ ಕಾಲ ಎಂಬುದು ಒಂದೇ ರೀತಿ ಇರುವುದಿಲ್ಲ, ಬದಲಾಗುತ್ತಲೇ ಇರುತ್ತದೆ. ಪೀಟರ್ ಅಂಗಡಿ ಮುಗಿಸಿ ಬರುತ್ತಿರುವಾಗ, ಅಂಗಡಿಯಲ್ಲಿ ಹೊಸದಾಗಿ ಬಂದ ಚೆಂಡನ್ನು ತೆಗೆದುಕೊಂಡು ಆಟವಾಡುತ್ತ ಬರುತ್ತಿದ್ದ. ಚೆಂಡು ಕೈತಪ್ಪಿ ರಸ್ತೆಯಲ್ಲಿ ಹೋಯಿತು. ವಾಹನಗಳು ಅತ್ಯಂತ ವೇಗವಾಗಿ ಚಲಿಸುತ್ತಿದ್ದವು. ಆತ ಚೆಂಡು ತೆಗೆದುಕೊಳ್ಳಬೇಕು ಎಂದು ಆಸೆಯಿಂದ ರಸ್ತೆಗೆ ಧುಮುಕಿದ. ಆದರೆ ಅತ್ಯಂತ ವೇಗವಾಗಿ ಬಂದ ಬೈಕೊಂದು ಆತನ ಕಾಲನ್ನು ತುಳಿದು ಹೋಯಿತು. ನೋವಿನಿಂದ ಅರಚುತ್ತಾ ರಸ್ತೆಯಲ್ಲಿ ಬಿದ್ದು ನರಳಾಡತೊಡಗಿದ. ಅವನಿಗೆ ಸಹಾಯ ಮಾಡುವವರು ಯಾರೂ ಇರಲಿಲ್ಲ. ಎಲ್ಲರೂ ಅವನ ಹಾಗೆಯೇ ವಿಡಿಯೋ ಮಾಡುತ್ತಾ ನಿಂತಿದ್ದರು. ಯಾವುದೋ ಕೆಲಸಕ್ಕೆ ಹೊರಬಂದ ನಾನು, ಜನರ ಗುಂಪನ್ನು ನೋಡಿದರೆ ಪೀಟರ್. ಓಹ್...! ಎಂದು ಅಲ್ಲಿ ವಿಡಿಯೋ ಮಾಡುತ್ತಿದ್ದವರಿಗೆಲ್ಲ ಗದರಿ ಅವನನ್ನು ಆಸ್ಪತ್ರೆಗೆ ಸೇರಿಸಿದೆ. ಮುಂದೆ ಅವನನ್ನು ನೋಡಲು ಆಸ್ಪತ್ರೆಗೆ ಹೋದಾಗ, ಅವನು ಬೇಸರದಲ್ಲಿದ್ದನು. ಯಾಕೋ? ಪೀಟರ್ ಏನಾಯಿತೋ? ನಿನ್ನ ಕಾಲು ಸರಿಹೋಗುತ್ತದೆ ಎಂದು ಸಾಂತ್ವನ ಹೇಳಿದೆ. ಅವನ ಮುಖದಲ್ಲಿ ಬೇಸರದ ಕಳೆ, ತಪ್ಪಿನ ಅರಿವು ಅವನಿಗಾಗಿತ್ತು. ನನಗೆ ಹೀಗೆ ಆಗಬೇಕಿತ್ತು, ಏಕೆಂದರೆ, ನಾನು ಗಾಯಗೊಳ್ಳುವವರೆಗೂ ನೋವಿನಲ್ಲಿ ಇದ್ದವರ ನೋವೇನೆಂದು ನನಗೆ ಗೊತ್ತಿರಲಿಲ್ಲ. ಆದರೆ ನನಗೆ ಅಪಘಾತವದಾಗ ಗೊತ್ತಾಯಿತು. ನಾನು ಇನ್ನೊಮ್ಮೆ ಜೀವನದಲ್ಲಿ ಅಂಥಾ ಕೆಲಸ ಮಾಡುವುದಿಲ್ಲ. ಗೆಳೆಯರೇ ಇದು ಕೇವಲ ಒಂದು ಚಿಕ್ಕ ಉದಾಹರಣೆ, ಇನ್ನು ಹಲವಾರು ಬಾರಿ ಇಂತಹ ಸನ್ನಿವೇಶಗಳು ನಮಗ ಅನುಭವ ಮಾಡಿಸಿರುತ್ತದೆ. ದೊಡ್ಡವರು ಅಂದರೆ ಸ್ವಾಮಿ ವಿವೇಕಾನಂದರು ಹೇಳುವ ಹಾಗೆ, “ಭೂಮಿಯ ಮೇಲೆ ಯಾರು ಸದೃಢತೆ ಹಾಗೂ ಎಲ್ಲ ಅಂಗಾಂಗಗಳು ಆರೋಗ್ಯವಾಗಿ ಮತ್ತು ಸ್ಥಿರವಾಗಿ ಹೊಂದಿರುತ್ತಾನೆ , ಅವನ ಅಶಕ್ತಿಯೆಲ್ಲವು ಕೊರತೆ ಇರುವವರೆಗೆ ಮೀಸಲು. ಹೌದು ಗೆಳೆಯರೆ, ಯಾರು ನಮ್ಮ ಬಳಿ ಸುಮ್ಮನೆ ಬರುವುದಿಲ್ಲ. ಹಾಗೆ ಬಂದವರನ್ನು ನಾವು ಉದಾಸೀನ ಮಾಡಬಾರದು. ಏಕೆಂದರೆ ನಾಳೆ ನಮಗೂ ಅಂಥಾ ಪರಿಸ್ಥಿತಿ ಬರಬಹುದು. ಕಷ್ಟ ಎಂದವರ ಕೈಹಿಡಿದು, ನಾವು ಬೆಳೆದು ಜೊತೆಗಿರುವವರನ್ನು ಬೆಳೆಸೋಣ. ಭೂಮಿಯ ಮೇಲೆ ಇರುವ ಪ್ರತಿಯೊಂದು ಜೀವಿಯು ನಮ್ಮ ಕುಟುಂಬದವರೇ ಎಂದು ಭಾವಿಸೋಣ, ಅವರೆಲ್ಲರಿಗೆ ಒಳ್ಳೆಯದಾಗಲಿ ಎಂದು ಆಶಿಸೋಣ.

 ಅಭಿಲಾಷ್ ಬಿ.


ದ್ವಿತೀಯ ಪಿಯುಸಿ 'ಎ' ವಿಭಾಗ



## ಆಸೆ ಇಟ್ಟ ಬುದ್ಧ ಜಗತ್ತನ್ನೇ ಗೆದ್ದ.

**ಬುದ್ಧ:-** ಆಸೆ ಬಿಟ್ಟು ಜಗತ್ತನ್ನೇ ಗೆದ್ದವನು. ಬುದ್ಧನೇ ಹೇಳುವ ಹಾಗೆ ಆಸೆ, ಮೋಹ, ಭಾವನೆಗಳಿಂದ ಮುಕ್ತಿ ಹೊಂದಿದವನೇ ಬುದ್ಧ. ಹೌದೇ? ಎಂಬ ಪ್ರಶ್ನೆ ನಿಮಗೆ ಬರಬಹುದು. ಗೌತಮನಾದವನು ಬುದ್ಧನಾಗಲು ಕಾರಣ ಇದೆ. ರಾಜಸುಖ, ರಾಜಮರ್ಯಾದೆ, ರಾಜವೈಭೋಗ, ಸುಖದ ನಲಿವಿನಲ್ಲಿ ಮುಳುಗಿ ತೇಲುತ್ತಿದ್ದ ಗೌತಮ ರಾಜ್ಯ ವಿಹಾರಕ್ಕೇಂದು ಆಕಸ್ಮಿಕವಾಗಿ ಅರಮನೆ ಬಿಟ್ಟು ಬರುತ್ತಾನೆ. ಬಂದ ನಂತರ ಆತನಿಗೆ ಕಂಡಿದ್ದು ಮಾತ್ರ ಜ್ಞಾನದ ದಾಹ. ಹೌದು ಆತ ಅಲ್ಲಿ ಕಂಡಿದ್ದು ಆತನಿಗೆ ವಿಚಿತ್ರವೆನಿಸಿದರೂ ಜಗತ್ತಿಗೆ ಅದು ಹೊಸತಾಗಿರಲಿಲ್ಲ. ಹೌದು ಹಾಗಾದರೆ ನಾವು ಈಗ ಆಸೆ ಎಲ್ಲವನ್ನೂ ತೊರೆದು ಸನ್ಯಾಸಿ ಆಗಬೇಕೋ? ಎಂದು ನೀವು ಕೇಳಬಹುದು, ತಪ್ಪು. ಕೇವಲ ಆಸೆ ಬಿಟ್ಟರೆ ಸಾಕಾಗುವುದಿಲ್ಲ. ಕೇವಲ ಒಂದು ದಿನ ಆಸೆ ಬಿಟ್ಟು ಬದುಕಲು ನಮ್ಮಿಂದಾಗುವುದಿಲ್ಲ. ಗೆಳೆಯರೇ, ಜ್ಞಾನೋದಯಕ್ಕೆ ಹೊರಟ ಗೌತಮನಿಗೆ ಎದುರಾದ ಕಷ್ಟಗಳು ಒಂದಲ್ಲ ಎರಡಲ್ಲ. ಆತ ತುತ್ತು ಅನ್ನಕ್ಕಾಗಿ ಪರದಾಡಿದ್ದ. ಮನಸ್ಸು ಮಾಡಿದ್ದರೆ ರಾಜ ವೈಭೋಗ, ರಾಜಸುಖ ಆತ ಮರಳಿ ಪಡೆದುಕೊಳ್ಳಬಹುದಿತ್ತು. ಆದರೆ ಅವನಿಗೆ ಅದು ಇಷ್ಟವಿರಲಿಲ್ಲ. ಮತ್ತೆ ಬುದ್ಧನ ಆಸೆಯಾದರೂ ಏನು? ಬುದ್ಧ ಏನನ್ನು ಬಯಸಿದ್ದ? ನಿಜ ಬುದ್ಧ ಬಯಸಿದ್ದು ಜ್ಞಾನ ಹಾಗೂ ಶಾಂತಿ. ಹಾಗಾದರೆ ಬುದ್ಧ ಆಸೆ ಪಟ್ಟಿದ್ದು ನಿಜ ಅಲ್ಲವೇ? ಸ್ನೇಹಿತರೇ, ಹೀಗೆ ಯೋಚನೆಗಳು ನಿಮ್ಮ ತಲೆಯಲ್ಲಿ ಬಂದಿದ್ದರೆ ಅದು ಸುಳ್ಳು. ನೀವು ಜೀವನವನ್ನು ಅರ್ಥ ಮಾಡಿಕೊಂಡಿಲ್ಲ ಎಂದರ್ಥ. ಜ್ಞಾನ ಎಂಬುವುದು ಹಂಚಬಹುದು ಹೊರತು ಮಾರಾಟ ಮಾಡಲು ಸಾಧ್ಯವಿಲ್ಲ. ಶಾಂತಿ ಎಂಬುದು ಅನೇಕ ದುರಂತಗಳನ್ನು ತಪ್ಪಿಸಬಹುದಾದ ಒಂದು ಮಂತ್ರ. ಈ ಮಂತ್ರವನ್ನು ಕೂಡ ಮಾರಲು ಸಾಧ್ಯವಿಲ್ಲ. ಹೌದು ಬೋಧಿವೃಕ್ಷದ ಕೆಳಗೆ ಜ್ಞಾನ ಪಡೆದ ಬುದ್ಧ ಶಾಂತಿ ಮಂತ್ರ ಪಠಿಸುತ್ತ ಜಗತ್ತಿಗೆ ಮಾದರಿಯಾದ. ಜ್ಞಾನೋದಯವಾದರೇ ಜಗತ್ತನ್ನೇ ಗೆಲ್ಲಬಹುದಾ? ಇಲ್ಲ. ಬುದ್ಧ ಜ್ಞಾನಿಯಾಗಿದ್ದು ಜನರ ಕಷ್ಟ ಪರಿಹರಿಸಲು ಸುಲಭದಾರಿಯಾದ, ನುಡಿಮುತ್ತುಗಳನ್ನು ಹೇಳುವುದು. ಹೌದು ಬುದ್ಧ ತನ್ನ ಬಳಿ ಬಂದ ಅನೇಕರಿಗೆ ಜೀವನದ ದಾರಿ ತೋರಿಸಿದ. ಅನೇಕರನ್ನು ಒಳ್ಳೆಯ ದಾರಿಯಲ್ಲಿ ನಡೆಸಿದ, ಶಾಂತಿಯ ಸಾರವನ್ನು ಜಗತ್ತಿಗೆ ಸಾರಿದ. ಲೆಕ್ಕವಿಲ್ಲದಷ್ಟು ಅನುಯಾಯಿಗಳು, ಲೆಕ್ಕವಿಲ್ಲದಷ್ಟು ಶಿಷ್ಯಂದಿರುಗಳನ್ನು ಸಂಪಾದಿಸಿ ಬೋಧಿ ಧರ್ಮವನ್ನು ಮುನ್ನಡೆಸಿದ. ಗೆಳೆಯರೇ ಒಬ್ಬ ಸಾಮಾನ್ಯ ವ್ಯಕ್ತಿ ಸನ್ಯಾಸಿ ಆಗುವುದು ಸುಲಭದ ಮಾತಲ್ಲ. ಒಬ್ಬ ಅಪ್ರತಿಮ ಯೋಧನಿಂದ ಆತ ಇಡೀ ದೇಶವನ್ನು ಗೆಲ್ಲಲು ಹೊರಟಾಗ ಕಳಿಂಗ ಯುದ್ಧವನ್ನು ಎದುರಿಸಿ ಯುದ್ಧವನ್ನು ಗೆಲ್ಲುತ್ತಾನೆ. ಆತನ ಗೆಲುವಿಗಾಗಿ ಪ್ರಾಣಬಿಟ್ಟವರು ಅವನಿಂದ ಅನಾರ್ಥರಾದವರು, ಗಾಯಗೊಂಡವರನ್ನು ನೋಡಿ ಇವರೆಲ್ಲ ನೋವಿನ ಬಲಿದಾನದ ಸಿಂಹಾಸನದ ಮೇಲೆ ನಾನು ಕುಳಿತು ಕೊಳ್ಳಬೇಕಾ? ಎಂದು ಸಿಂಹಾಸನ ಆಸೆ ತೊರೆದು ಬೋಧಿ ಧರ್ಮದ ದಾರಿ ಹಿಡಿದವನೇ ವೀರ ಸಾಮ್ರಾಟ ಅಶೋಕ ಚಕ್ರವರ್ತಿ. ಇಲ್ಲಿ ನಿಮಗೆ ಉತ್ತರ ಸಿಕ್ಕಿರಬಹುದು. ಗೆಳೆಯರೆ ನನ್ನ ಕಾಲೇಜಿನ ಬಸ್ ನಿಲ್ದಾಣದಲ್ಲಿ ಒಂದು ವಾಕ್ಯ ಬರೆದಿದ್ದಾರೆ. “ನಾವು ತಿನ್ನುವ ಅನ್ನ ನಮ್ಮ ಬೆವರಿನದ್ದು ಆಗಿರಬೇಕು ಹೊರತು, ಬೇರೆಯವರ ಕಣ್ಣೀರಿನಿಂದ ಕೂಡಿದ್ದು ಆಗಿರಬಾರದು”. ಇದನ್ನು ಅರಿತವನು ಜೀವನದಲ್ಲಿ ಬುದ್ಧನಾಗುತ್ತಾನೆ.

“ಬುದ್ಧಂ ಶರಣಂ ಗಚ್ಛಾಮಿ”

 ಅಭಿಲಾಷ್ ಬಿ.

ದ್ವಿತೀಯ ಪಿಯುಸಿ 'ಎ' ವಿಭಾಗ

## ಪೃಥಿಯ ನ್ಯಾಥೆ.

ಮುನ್ನುಡಿ: ಮಹಾಭಾರತದ ಒಂದು ಪ್ರಸಂಗವನ್ನು ನನ್ನ ಮನಸ್ಸಿಗೆ ತೋಚಿದ್ದಂತೆ ಗೀಚಿದ್ದೇನೆ.

“ಒಬ್ಬ ಮಹಿಳೆಯ ಜೀವನ ಸಾರ್ಥಕವಾಗುವುದೇ ಅವಳು ‘ಮಾತೃತ್ವ’ ಹೊಂದುವಲ್ಲಿ. ಹಲವಾರು ನೋವುಗಳನ್ನು ದಾಟಿ ಅವಳ ಮೂಲಕ ಒಂದು ಕೂಸು ಇಹಲೋಕವನ್ನು ಕಾಣುವಾಗ ಅವಳ ಮೈ ಮನವೆಲ್ಲ ಆನಂದವೆಂಬ ಕಡಲಿನಲ್ಲಿ ಕ್ಷಣಕ್ಷಣವೂ ಸಂಭ್ರಮಿಸುತ್ತದೆ. ಅಂತಹ ಘಟ್ಟವು ನನ್ನ ಜೀವನದಲ್ಲಿ ಮೊದಲ ಬಾರಿಗೆ ಬಂದಾಗ ಸುಖ ನೀಡಿತೋ, ದುಃಖ ನೀಡಿತೋ; ಇಂದಿಗೂ ಅದನ್ನು ಅರಿಯೇ.

ರುದ್ರಾಂಶಸಂಭೂತರು ನೀಡಿದ ಮಂತ್ರದ ಫಲವಾಗಿ ಆತುರ-ಕಾತುರದಿಂದ ಬೆಳಕಿನ ದೇವನನ್ನು ಆಹ್ವಾನಿಸಿದ ಕಾರಣ ನನ್ನನ್ನು ಕೂಡಿ ಸ್ವತಃ ಆತನೇ ನನ್ನ ಸುತನಾಗಿ ಜನಿಸಿದ. ಎಷ್ಟು ಸಂತಸದ ವಿಷಯ! ಆದರೆ ಅಂದು ಒಬ್ಬ ತಾಯಿಯಾಗಿ ತನ್ನ ಕೂಸನ್ನು ಭಾರವೆಂದು ಭಾವಿಸಿದ ನತದೃಷ್ಟಿ ಇವಳು. ‘ಗಂಡನಿಲ್ಲದೆ ಮಗುವನ್ನು ಹೆತ್ತಿರುವಳು’ ಎಂಬ ಜನಾಪವಾದಕ್ಕೆ ಬೆದರಿ ಸಮರ್ಪಿಸಿಬಿಟ್ಟೆ ಅಂದೇ ಹುಟ್ಟಿದ ಕೂಸನ್ನು; ಜಾಡ್ಡವಿಯ ತನುವಿಗೆ. ಹೆತ್ತದ್ದು ಓರ್ವ ಶೂರನನ್ನು, ಭಯಪಟ್ಟದ್ದು ಈ ಸಮಾಜಕ್ಕೆ.

‘ಏನಾದನೋ ನನ್ನ ಪುತ್ರ’ ಎಂದು ಯೋಚಿಸುತ್ತಲೇ ನನ್ನೀ ವಿವಾಹಜೀವನ ಹಸ್ತಿನಾವತಿಯಲ್ಲಿ ಮುಗಿದೇ ಹೋಗುತ್ತದೆಯೋ ಏನೋ”, ಎಂದು ಮನಸ್ಸಿನಲ್ಲಿಯೇ ಕೊರಗಿದಳು ಪಾಂಡುಪತ್ನಿ.

 ಪುರುಷೋತ್ತಮನ್ .ರಾ

ದ್ವಿತೀಯ ಪಿ.ಯು.ಸಿ. ವಿಜ್ಞಾನವಿಭಾಗ.

## ಚಾರಣದ ಹಾದಿಯಿಲ್ಲ ...

ಚಾರಣ, ಮನಸ್ಸಿಗೆ ಮುದ ನೀಡುವಂತಹ ಒಂದು ಸಾಹಸೀ ಹವ್ಯಾಸ. ಮನುಷ್ಯನಿಗೆ ಪ್ರವಾಸ, ಸುತ್ತಾಟ ಮುಂತಾದ ಗುಣಗಳು ಅವನ ಜೀವನ ಕ್ರಮದ ಭಾಗವಾಗಿವೆ. ಅನ್ವೇಷಣೆ, ಸಾಹಸ ಮುಂತಾದ ಪ್ರವೃತ್ತಿಗಳು ಮನುಷ್ಯನ ರಕ್ತದಲ್ಲಿಯೇ ಇವೆ. ತನ್ನ ಕುತೂಹಲ ಗುಣದಿಂದಲೇ ಮಾನವಕುಲದ ವಿಕಾಸವನ್ನು ಕಾಣಬಹುದು.

ಚಾರಣವೆಂದರೆ ಬೆಟ್ಟಗುಡ್ಡ ಹತ್ತುವುದು, ನದಿಪಾತ್ರಗಳಲ್ಲಿ ನಡೆಯುವುದು, ಕಾಡುಗಳಲ್ಲಿ ಸಂಚರಿಸುವುದು ಮತ್ತು ರಾತ್ರಿ ವೇಳೆಯಲ್ಲಿ ಪ್ರಕೃತಿಯ ಮಧ್ಯದಲ್ಲೇ ತಂಗುವುದು ಮುಂತಾದುವುಗಳನ್ನು ಒಳಗೊಂಡಿದೆ. ಪ್ರಕೃತಿಯ ಚೆಲುವನ್ನು ಸವಿಯಲು ಇದು ಒಂದು ಉತ್ತಮ ಅವಕಾಶ. ಚಾರಣವು ಧೈರ್ಯ, ಸಾಹಸ, ಆತ್ಮ ಸ್ಥೈರ್ಯ, ನಾಯಕತ್ವ, ಸಂಘಶಕ್ತಿ, ಸೂಕ್ತಯೋಜನೆ, ಮಾನಸಿಕ ಸಮತೋಲನ ಮುಂತಾದುವುಗಳನ್ನು ಬೆಳೆಸುವಲ್ಲಿ ಮತ್ತು ಅವುಗಳನ್ನು ಒರೆಗಲ್ಲಿಗೆ ಹಚ್ಚುವ ಒಂದು ಉತ್ತಮ ಹವ್ಯಾಸ. ಚಾರಣದಿಂದ ಆರಂಭವಾಗುವ ಈ ಆರೋಗ್ಯಕರ ಚಟುವಟಿಕೆಯು, ಹೆಚ್ಚಿನ ಶ್ರಮದ ಕ್ರೀಡೆಯಾದ ಪರ್ವತಾರೋಹಣಕ್ಕೂ ನಾಂದಿ ಹಾಡುವ ಸಾಧ್ಯತೆ ಇದೆ. ಖ್ಯಾತ ಪರ್ವತಾರೋಹಿಗಳು ಚಾರಣದಿಂದಲೇ ತಮ್ಮ ಈ ಹವ್ಯಾಸವನ್ನು ಆರಂಭಿಸಿದ್ದು ಎಂದು ತಿಳಿಯುತ್ತದೆ.





ಚಾರಣದ ಕಾರಣ್ಯತೆಗೆ ಅನುಗುಣವಾಗಿ ನಾಲ್ಕು ವಿಭಾಗ ಮಾಡಲಾಗುತ್ತದೆ.

1. ಸುಲಭ,
2. ಮಧ್ಯಮ,
3. ಶ್ರಮದಾಯಕ,
4. ಅತಿಕಠಿಣ

1. ಈ ಹಂತವು ಚಾರಣವನ್ನು ಪ್ರಾರಂಭಿಸುವ ಹೊಸಬರಿಗೆ. ನಿಸರ್ಗ ಸೌಂದರ್ಯವನ್ನು ಸವಿಯಲು ಹಾಗೂ ಚಾರಣದ ರೀತಿಗಳನ್ನು ಅರ್ಥ ಮಾಡಿಕೊಳ್ಳಲು ಸಾಧ್ಯವಾಗುತ್ತದೆ.
2. ಈ ಹಂತದಲ್ಲಿ ಚಾರಣಿಗರಿಗೆ ಹೆಚ್ಚಿನ ಶಕ್ತಿ ಬೇಕಾಗುತ್ತದೆ, ಏಕೆಂದರೆ ಇಲ್ಲಿ ಮಧ್ಯಮ ಅಥವಾ ಎತ್ತರದ ಬೆಟ್ಟಗಳನ್ನು ಹತ್ತಬೇಕಾದ ಸವಾಲು ಇರುತ್ತದೆ.
3. ಶ್ರಮದಾಯಕ ಹಂತವು ಇನ್ನಷ್ಟು ಕಠಿಣವಾಗಿರುತ್ತದೆ. ಏಕೆಂದರೆ ಇಲ್ಲಿ ಇನ್ನೂ ಹೆಚ್ಚಿನ ಬೆಟ್ಟ ಪರ್ವತಗಳನ್ನು ಹತ್ತುವ ಸವಾಲು ಇರುತ್ತದೆ. ಮತ್ತು ಇದಕ್ಕೆ ಬಹಳಷ್ಟು ಅಭ್ಯಾಸ ಇರಬೇಕಾಗುತ್ತದೆ.
4. ಅತಿ ಕಠಿಣ ಹಂತವಂತೂ ಬಹಳಷ್ಟು ಜನರಿಗೆ ಸಾಧ್ಯವಾಗುವುದಿಲ್ಲ. ಏಕೆಂದರೆ ಈ ಹಂತದಲ್ಲಿ ಬಹಳಷ್ಟು ಇಳಿಜಾರಿನ ಪ್ರದೇಶ ಮತ್ತು ದುರ್ಗಮ ಹಾದಿಗಳನ್ನು ಒಳಗೊಂಡಿರುತ್ತದೆ. ಇದು ವೃತ್ತಿಪರ ಚಾರಣಿಗರಿಗೆ ಅಥವಾ ಬಹಳ ಅನುಭವವುಳ್ಳ ಚಾರಣಿಗರಿಗೆ ಮಾತ್ರ ಸಾಧ್ಯವಾಗುವಂತದ್ದು. ಈ ಹಂತದಲ್ಲಿ ನಿಖರ ಕೌಶಲ್ಯ ಹಾಗೂ ದೈಹಿಕ ಸಹಿಷ್ಣುತೆ ಇರಬೇಕಾಗುತ್ತದೆ.



ಚಾರಣೆಗನೊಬ್ಬನಿಗೆ ದೈಹಿಕ ಕ್ಷಮತೆಯೊಂದೇ ಅಲ್ಲ, ಕೆಲವೊಂದು ಕಠಿಣ ಸಂದರ್ಭದಲ್ಲಿ ಮಾನಸಿಕ ಕ್ಷಮತೆಯನ್ನು ಹೊಂದುವುದು ಮುಖ್ಯ. ಕೆಲವೊಮ್ಮೆ ಅನಿರೀಕ್ಷಿತ ಸಂದರ್ಭ ಸವಾಲುಗಳನ್ನು ಎದುರಿಸಲು ಸಿದ್ಧವಾಗಿರಬೇಕು.

ಇಷ್ಟೇ ಅಲ್ಲದೆ ಚಾರಣಕ್ಕೆ ಕೆಲವೊಂದು ಪೂರ್ವ ಸಿದ್ಧತೆಗಳುಬೇಕಾಗುತ್ತದೆ. ಚಾರಣಕ್ಕೆ ಹೊರಡುವವರಿಗೆ ದೈಹಿಕ ಹಾಗೂ ಮಾನಸಿಕ ಸಿದ್ಧತೆಗಳ ಜೊತೆಗೆ ಚಾರಣಕ್ಕೆ ಬೇಕಾದ ಕ್ಯಾಂಪಿಂಗ್ ಸಲಕರಣೆಗಳು, ಪ್ರಥಮ ಚಿಕಿತ್ಸಾ ಪೆಟ್ಟಿಗೆ, ಅತಿ ಕಡಿಮೆ ಅವಶ್ಯಕ ವಸ್ತುಗಳು, ಸರಿಯಾದ ವಸ್ತ್ರಗಳು ಹಾಗೂ ಪಾದರಕ್ಷೆಗಳನ್ನು ಹೊಂದುವುದು ಅವಶ್ಯಕ. ಹಾಗೂ ತರಬೇತಿ ಹೊಂದಿದ ಮಾರ್ಗದರ್ಶಕರು ಹಾಗೂ ಒಳ್ಳೆಯ ಸಂಗಡಿಗರು ಇದ್ದರೆ ಚಾರಣವು ಮರೆಯಲಾಗದ ಅನುಭವವನ್ನು ಕೊಡುತ್ತದೆ.

ಕರ್ನಾಟಕದಲ್ಲಿಯೇ ಅನೇಕ ಚಾರಣ ಪರ್ವತಗಳು ಹಾಗೂ ಬೆಟ್ಟಗಳು ಇವೆ. ಕುಮಾರ ಪರ್ವತ, ತಡಿಯಾಂಡಮೋಳ್ ಪರ್ವತ, ಸ್ಕಂದಗಿರಿ, ಕುದುರೆಮುಖ, ಬಾಬಾಬುಡನ್ ಗಿರಿ, ಅನೇಕ ದುರ್ಗಗಳು, ಜಲಪಾತಗಳು, ಕಾಡಿನ ಹಾದಿಗಳು, ನಯನ ಮನೋಹರವಾದ ಸೂರ್ಯೋದಯ ಸೂರ್ಯಾಸ್ತಕ್ಕಾಗಿ ತಂಗುವ ಪ್ರದೇಶಗಳು ಇವೆ.

ಇತ್ತೀಚೆಗೆ ಇದರ ಬಗ್ಗೆ ಜಾಲತಾಣದಲ್ಲಿಯೂ ಸಾಕಷ್ಟು ಮಾಹಿತಿಗಳು ಸಿಗುತ್ತವೆ. ದಣಿದ ಮನಸ್ಸುಗಳಿಗೆ, ಹೊಸ ಜಾಗಗಳ ಅನ್ವೇಷಣೆಯನ್ನು ಮಾಡುತ್ತಾ ಶಾಂತಿ ನೆಮ್ಮದಿಯನ್ನು ಬಯಸುವವರಿಗೆ, ಹಾಗೂ ಸಾಹಸ ಪ್ರವೃತ್ತಿಯಿಂದ ಮನಸನ್ನು ಮುದಗೊಳಿಸಿಕೊಳ್ಳುವವರಿಗೆ, ಹೊಸ ಜನರ ಪರಿಚಯದಿಂದ ತಮ್ಮ ಜೀವನದ ಅನುಭವದ ಬುತ್ತಿ ತುಂಬಿಸಿಕೊಳ್ಳುವವರಿಗೆ ಇದು ಸುವರ್ಣ ಅವಕಾಶ. ಏಕೆಂದರೆ ಪ್ರತಿ ಚಾರಣದ ಪ್ರಾರಂಭದಲ್ಲಿ ನಾವು ಕಾಣುವ ರಮ್ಯ ನೋಟ, ವಿಭಿನ್ನ ಅನುಭವಗಳು, ಸವಾಲುಗಳು ಏನೆಂದು ತಿಳಿದಿರುವುದಿಲ್ಲ. ಅವುಗಳನ್ನು ಜೋಪಾನವಾಗಿ ಹೆಕ್ಕಿ ಬದುಕಿನುದ್ದಕ್ಕೂ ಅದರ ನೆನಪಿನ ಸವಿಯನ್ನು ಉಣ್ಣುತ್ತಾ ಆನಂದಿಸುವವರಿಗೆ ವರ್ಣಿಸಲು ಪದಗಳು ಸಾಲುವುದಿಲ್ಲ.

ಹೀಗೆ “ದೇಶ ಸುತ್ತು ಕೋಶ ಓದು” ಎಂಬ ನಾಣ್ಣುಡಿಗೇ ಪೂರಕವಾಗಿ ಚಾರಣವು ನಮ್ಮನ್ನು ಜನರು ಹೆಚ್ಚು ತಲುಪದ ಜಾಗಗಳಿಗೆ ಕೊಂಡೊಯ್ಯುತ್ತದೆ. ಮತ್ತು ನಿಸರ್ಗದ ರಮ್ಯ ಭಯಂಕರ ಜಾಗಗಳಿಗೆ ಭೇಟಿ ಕೊಡುವಂತೆ ಮಾಡುತ್ತದೆ. ಜೀವನದ ಅವಿಸ್ಮರಣೀಯ ನೆನಪುಗಳನ್ನು ಹೊಂದುವಂತೆ ಮಾಡುತ್ತದೆ. ಚಾರಣದ ಅನುಭವಗಳು ನಮಗೆ ಬದುಕನ್ನು, ಪ್ರಕೃತಿಯನ್ನು, ಜನರನ್ನು ಹಾಗೂ ಜೀವನವನ್ನು ಹೊಸ ದೃಷ್ಟಿಕೋನದಿಂದ, ಗೌರವದಿಂದ ಆಪ್ತತೆಯಿಂದ ನೋಡಲು ಕಲಿಸಿ ಕೊಡುತ್ತವೆ. ಜೀವನವನ್ನು ಅರ್ಥಪೂರ್ಣವಾಗಿಸುತ್ತವೆ ಎನ್ನುವುದು ನನ್ನ ಸ್ವಂತ ಅನುಭವ.

 ಶ್ರೀಮತಿ ರೇಣುಕಾಂಬ ಬಿ.ಆರ್.

(ಕನ್ನಡ ಪ್ರಾಧ್ಯಾಪಕರು)






## ಕೆ.ಜಿ.ಎಫ್

ಕಗ್ಗತ್ತಲಿನಾಳದಲ್ಲಿ  
ಭೂಗರ್ಭವನಿನಿತಿನಿತೇ ಸೀಳುತಲಿ  
ಉಸಿರು ಉಸಿರುಗಳನೆ ಭೇದಿಸಿ  
ಏದುಸಿರುಗಳ ಘರ್ಜನೆಯಲಿ  
ಬೊಗಸೆಯಂಬಲಿಗಾಗಿ  
ಜೀವನಿರ್ವಹಣೆಗಾಗಿ  
ಹೊಳೆವ ಬೆಳಕಿನ ಶಿಲೆಯನರಸಿ  
ವಶೀಕೃತ ದೇಹಗಳ ಇಂಚಿಂಚು ಜಗ್ಗುತಲಿ  
ನಿಧಿಯ ಬಗೆಯುವ ಮನಗಳಲಿ  
ಕನಸುಗಳೇ ಇರಲಿಲ್ಲ  
ಕನಕ ನಿಕ್ಷೇಪದಲಿ  
ಬೆಳಕ ಹರಿಸುತ್ತಿದ್ದರು  
ಅದರ ಮೇಲೆಯೆ ತಮ್ಮ  
ಕೊಳೆತೊಳೆಯುತ್ತಿದ್ದರು

ರಾಶಿ ಕಾಳುಗಳ ಒಡೆಯನಡಿಗಿರಿಸಿ  
ದೀನದಲಿ ಕೂಳಿಗೆ ಕೈಯೊಡ್ಡುತ್ತಿದ್ದರು  
ನಾಳೆಯೆಂಬುದು ಭೂತವಾಗಿತ್ತು  
ಬೆಳಕು ಎಂಬುದು ಹಿಂಸೆಯಾಗಿತ್ತು  
ಕತ್ತಲನೆ ಬಯಸಿ ಕಾಲ್ಚಾಚುತ್ತಿದ್ದವರಿಗೆ  
ಕನಸುಗಳೇ ಇರಲಿಲ್ಲ  
ತೊಗಲಿನೊದಿಕೆಯನೊದ್ದ  
ಎಲುಬುಗೂಡಿನ ಒಳಗೆ  
ಉಸಿರೆಂಬ ಉಸಿರು ಸಹ  
ಕಿಲುಬುಗಟ್ಟಿತ್ತು  
ಸುಖ ದುಃಖ ನಗು ನಲಿವು  
ಮಡುವುಗಟ್ಟಿತ್ತು  
ಕುಳಿಗಣ್ಣಿನೊಳಗಿಂದ  
ಬರಿಮಣ್ಣಿನಿಳೆಯಿಂದ

 ಸತೀಶ ಕುಮಾರ್ ಪಿ

ಕಛೇರಿ ಸಹಾಯಕರು

# संस्कृतविभागः

भाषासु मुख्या मधुरा  
दिव्या गीर्वाणभारती ॥



## वीरनार्यः

नरः नारीं विना संसाररथं चालयितुं न शक्नोति। नरं विना नारी अपि अपूर्णा । प्रत्येकमास्मिन् समये अपि नारी स्वयं अबला न परन्तु सबला इति प्रदर्शितवती । कीदृशं कार्यम् अपि भवतु समर्थारीत्या साधयितुं शक्तिः तस्याः एव अस्ति । सृष्टि-पोषण-परिवर्तन सामर्थ्यं च तस्याः एव अस्ति ।

अस्माकं प्राचीनभारतस्य स्त्रियः स्वयं शौर्यं सहनं च आर्जयन् । तासु निर्दिष्टरूपेण उल्लेखनीयं चेत् – राज्ञी विश्पला, सीता, अहल्या, गान्धारी, कुन्ती, द्रौपदी इतोऽपि अनेकाः स्त्रियः वर्तन्ते ।

वैदिककाले वीराङ्गनायाः विश्पलायाः वीरवर्णनं ऋगवेदे प्राप्यते। सा युद्धनीतिं श्रेष्ठतया जानाति स्म । तस्याः भूमिरक्षणार्थं सा युद्धं कर्तुं अगच्छत् । सा शस्त्रशास्त्रयोः कुशलिनी आसीत्। तया शत्रुः प्रायः पराजितः जातः। किन्तु अन्ते कश्चित् दृष्टः विश्पलायाः पृष्ठतः प्रहारं कृतवान् । तथापि सा तत् प्रहारम् असहत् । किन्तु तस्याः पादभङ्गः जातः। एकपादेन एव सा युद्धं कुर्वती आसीत्। शल्यचिकित्सकौ अश्विनीकुमारौ युद्धे एव लोहस्य पादं रचितवन्तौ । तेन उपचारेण विश्पला पुनः युद्धं कर्तुं सज्जा अभवत्। शौर्यस्य श्रेष्ठा उदाहरणा एषा अस्ति।

रामायणमहाकाव्ये अत्यन्तन्यूनरूपेण उल्लेखेन ऊर्मिळा सामान्येन विस्मृता नायिका अस्ति। लक्ष्मणः चतुर्दशवर्षकालं वने अवसत् । तस्मिन् समये इतः अयोध्यराजभवने स्वपत्युः आगमनाय एव ऊर्मिळा निरीक्षां करोति स्म । चतुर्दशवर्षपर्यन्तं स्वपत्युः निद्रापि एषा एव शयनं कृतवती। ‘ऊर्मिळानिद्रा’ इति स्व स्वसुखत्यागार्थं सा प्रसिद्धा आसीत् । निःशब्दनायिका सा ।

पञ्चपाण्डवानां पत्नी पाञ्चाली अपि एका वीरकन्या आसीत् । एषा अयोनिजा। साक्षात् वायुपत्नी भारती देव्याः अवतारः। परमात्मस्य लोके धर्मस्थापनार्थं एषा द्रौपदी इति नाम्ना आगतवती । सा उच्छश्रेण्या, पतिव्रता भगवद्भक्ता च आसीत्। श्रीकृष्णस्य पदतले एतस्याः अविचलः विश्वासः भक्तिः च आसीत्। क्षमामयी द्रौपदी प्रफुल्लायताक्षी आसीत्। दुर्योधनः दुःशासनः कर्णः जयद्रथः कीचकादि ये ये एता पीडितवन्तः तेषां सर्वेषां नाशम् अभवत्। महाभारतयुद्धे अपि कौरवाणां नाशस्य मूलकारणमेव साध्वीश्यामलवर्णा द्रौपद्याः अपमानम्। विश्वसाहित्ये सा एव नायिका।

यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः ।

यत्रैतास्तु न पूज्यन्ते सर्वास्तत्राफलाः क्रियाः ॥

 पुरुषोत्तमन् रा.

द्वितीय पदवीपूर्व-विज्ञानविभागः



## प्राचीनविश्वविद्यालयाः



भारतदेशे शिक्षाप्रक्रिया एवं गुरुकुलद्वारा विकसिता । वसिष्ठः, कण्वः, व्यासः, भरद्वाजः, परशुरामः शौनकः, सान्दीपनिः जाबालिः, इत्यादीनां महर्षीणां गुरुकुलानि तदा प्रसिध्दाः आसन् । वसिष्ठानां गुरुकुलम् अयोध्यानगरस्य उत्तरभागे हिमालयपर्वतप्रदेशे आसीत् । वसिष्ठः इति महर्षिः इक्ष्वाकुवंशस्य कुलगुरुः आसीत् ।

कण्वाश्रमः मालिनीनदीतीरे हिमालयस्य समीपे आसीत् । तत्र वेदवेदाङ्गानि दर्शनानि इत्यादीनां शास्त्राणाम् अध्ययनं प्रचलति स्म । शकुन्तला कण्वमहर्षिणा पुत्रीत्वेन परिगृहीता आसीत् । राजा दुष्यन्तः यदा एतेषाम् आश्रमं प्रविष्टः तत्रत्यां व्यवस्थां संवीक्ष्य आश्चर्यचकितः जातः । यतः तत्र आश्रमपरिसरे ऋग्वेदयजुर्वेदसामवेदानां पाठाः प्रचलन्ति स्म ।

व्यासमहर्षेः आश्रमः हस्तिनापुरात् गङ्गानदीतः च अग्रे हिमालयस्य निकटे आसीत् । गङ्गायमुनयोः तीरप्रदेशे भरद्वाजमुनेः आश्रमः आसीत् । द्रोणद्रुपदौ एतेषां शिष्यौ आस्ताम् । आयुर्वेदशास्त्रस्य विद्वान् अग्निवेशोऽपि अस्मिन् गुरुकुले एव शिक्षां प्राप्तवान् । तदा गुरुकुले वेदवेदाङ्गैः सह आयुर्वेदधनुर्वेदाद्युपवेदानामपि अध्ययनम् आसीत् । आचार्य भरद्वाजोऽपि एषु शास्त्रेषु पाण्डित्यं प्राप्तवानासीत् । अष्टादशविद्यानाम् अध्ययनं भवति स्म । तानि च -

अङ्गानि वेदाश्चत्वारो मीमांसा न्यायविस्तरः

पुराणं धर्मशास्त्रं च विद्याह्येताश्चतुर्दश ।

आयुर्वेदो धनुर्वेदोगन्धर्वश्चेति ते त्रयः

अर्थशास्त्रं चतुर्थं तु विद्याह्यष्टदशैव हि ॥



परशुरामाश्रमः महेन्द्रपर्वतप्रदेशे आसीत् । भीष्मकर्णौ च तस्य गुरुकुले एव अधीतवन्तौ । शौनकानां गुरुकुलं नैमिषारण्ये स्थितमासीत् । तस्मिन् काले एतत् गुरुकुलम् अत्यन्तं महत् विद्याकेन्द्रमासीत् । अत्रापि दश सहस्राधिक छात्राः अध्ययनं कुर्वन्ति स्म ।

सान्दीपनेः आश्रमः उज्जयिन्याः समीपे अवर्तत । कृष्णसुदामौ अत्रैव विद्याभ्यासं कृतवन्तौ । एतेन कारणेनैव एतत् गुरुकुलम् ऐतिहासिकमहत्त्वं प्राप्तवदस्ति ।

एषु गुरुकुलेषु अध्यापनार्थं ये आचार्याः अध्यापकाः च भवन्ति तेषां जीवननिर्वहणार्थं निश्चितरूपेण भूभागाः अपि स्थाप्यन्ते स्म । ते भूभागाः अपि करमुक्ताः आसन् । छात्राः विशेषरूपेण गुरुणां संरक्षणे एव भवन्ति स्म । गुरुणां सम्मुखे एव अध्ययनं कुर्वन्ति इति कारणतः तान् अन्तेवासिनः इत्येव आह्वयन्ति “ अन्ते समीपे वस्तुं शीलं यस्य सः अन्तेवासी” इति ।

 हृषीकेश पाठकः

द्वितीय पदवीपूर्व-विज्ञानविभागः



# भारतीयसङ्गीतम्

सङ्गीतम् इत्येषा कला शब्दैः नादैः शक्त्या च सञ्चाल्यमाना सहजा क्रिया । भावः लयः मेलनं माधुर्यं च उत्तमसङ्गीतस्य मूलन्यासाः भवन्ति । सङ्गीतं मनसि उद्भूयमाना सहजा क्रिया । अतः केनापि नादेन विना अपि मनसि एव सङ्गीतस्य अनुभूतिं कर्तुं समर्थाः मानवाः । यदा एषा क्रिया शास्त्रीशैल्या वाद्यपरिकरैः विशेषकौशलेन प्रदर्शिता भवति तस्याः सङ्गीतकला इति व्यवहारः । सङ्गीतस्य मूलं वेदाः एव । ऋग्वेदादिषु मन्त्राः सस्वराः एव । सङ्गीतं तु स्वरेणनिबद्धम् एव । गानं तु मानवस्य भाषणम् इव स्वाभाविकं भवति । अतः मानवः कदारभ्य गातुम् आरब्धवान् इति निर्णयः दुस्साध्यः एव । किन्तु बहोः कालात् अनन्तरम् अस्य व्यवस्थितं रूपं प्राप्तम् अस्ति । यदा स्वरस्य लयस्य च व्यवस्थितं धारणं भवति तदा कलायाः प्रादुर्भावः भवति ।

भारतीयसङ्गीतस्य जन्म वेदमन्त्राणाम् उच्चारणेन एव ज्ञातुं शक्यते । सङ्गीतस्य प्राचीनतमः ग्रन्थः भरतमुनेः नाट्यशास्त्रं भवति । अन्ये सङ्गीतसम्बद्धाः ग्रन्थाः नाम बृहद्देशी, दत्तिलम्, सङ्गीतरत्नाकरः च भवन्ति ।  
भारतीयसङ्गीतस्य सप्तस्वराः

षड्जः (स), ऋषभः (रे), गन्धारः (ग), मध्यमः (म), पञ्चमः (प), दैवतः (द), निषादः (नी) इति ।

एतेषां शुद्धस्वराणाम् उपरि अथवा अधः विकृतस्वरः आगच्छति । स, प स्वरयोः विकृतस्वरः न भवति । रे, ग, द, नी स्वराः यदा अधः भवन्ति तस्य कोमलस्वराः इति कथयन्ति । म स्वरस्य विकृतस्वरः उच्चः भवति तस्य तीव्रस्वरः इति वदन्ति । समकालीनभारतीये शास्त्रीयसङ्गीते शुद्धाः विकृताः चेति १२ स्वराणाम् उपयोगः भवति । पुरातनकालादेव भारतीयस्वरसप्तकानां संवादसिद्धिः अस्ति एव । महर्षेः भरतस्य एतेषां स्वराणाम् आधारेण २२श्रुतयः प्रतिपादिताः । एषः तु केवलं भारतीयसङ्गीतस्य विशेषः एव ।

भारतीयसङ्गीतस्य प्रकाराः

भारतीये सङ्गीते प्रथानतयाः त्रयः भेदाः सन्ति ।

1. शास्त्रीयं सङ्गीतम् अस्य 'मार्गसङ्गीतम्' इत्यपि वदन्ति ।

⇒ उपशास्त्रीयं सङ्गीतम्

2. सुगमं सङ्गीतम्

3. जानपदीयं सङ्गीतम्



अस्मिन् पुनः उपभेदाः भवन्ति एव । भारतीयशास्त्रीये सङ्गीते प्रधानौ भेदौ स्तः ।

1.हिन्दुस्तानीशास्त्रीयसङ्गीतम् - विशेषतः उत्तरे भारते प्रचलिता अस्ति ।

2.कर्णाटकसङ्गीतम् - विशेषतः दक्षिणे भारते प्रचलिता अस्ति ।

हिन्दुस्तानीसङ्गीतं मुगल् राज्ञां छत्रछायायां विकसितम् । कर्णाटकसङ्गीतं तु मन्दिराणाम् अश्रयेण विवृद्धम् । अतः एव दक्षिणभारतस्य कृतिषु भक्तिरसः अधिकः, हिन्दुस्तानीसङ्गीते शृङ्गारः अधिकः दृश्यते । उपशास्त्रीयसङ्गीते ठुमरि, टप्पा, होरी, कजरी, लावणि, सोभाने, इत्यादयः भावन्ति ।

सुगमसङ्गीते जनसाधारणेषु प्रचलितानि एतानि भवन्ति ।

भजनम्, भारतीयचलच्चित्रसङ्गीतम् ,गज़ल ,भारतीयपाप् (Pop)सङ्गीतम् ,जानपदसङ्गीतम् च इत्यादयः ।

 गानवी के.पी

द्वितीय पदवीपूर्व-वाणिज्यविभागः

## वेदवाङ्मयम्

वयं भारतदेशे निवसामः । तस्मात् वयं भारतीयाः । अस्माकं संस्कृतिः भारतीया संस्कृतिः । अस्माकं संस्कृतेः मूलरूपोऽयं अंशः वेदः । प्रपञ्चे अधुनावधि लब्धेषु प्राचीनसाहित्येषु अस्माकं वैदिकसाहित्यं प्राचीनतमम् ।

विद्-ज्ञाने इति धातोर्निष्पन्नोऽयं वेदशब्दः ज्ञानराशेः द्योतको भवति । अपौरुषेयं वाक्यं वेदः । ऋषिभिः तपसा साक्षात्कृतः ज्ञानराशिः इति साम्प्रदायिकाः कथयन्ति । “ अनन्ता वै वेदाः ” इत्युक्तिः वेदानां गात्रं सूचयति ।

ऋग्वेदः, यजुर्वेदः, सामवेदः, अथर्ववेदश्चेति चत्वारः वेदाः । ऋचां संग्रहः नाम मन्त्रसमूहः ऋग्वेदः । यज्ञानां अनुष्ठानक्रमबोधको वेदः यजुर्वेदः । देवानां स्तुतिरूपगानं सामवेदः । प्रायोगिकप्रयोजनरूपमन्त्राणां समूहः अथर्ववेदः । प्रत्येकस्मिन्नपि वेदे संहिता-ब्राह्मणं-आरण्यकं- उपनिषत् इति चत्वारः भागाः सन्ति । संहिता तु मन्त्राणां समूहः । संहितामन्त्राणां व्याख्यानरूपम् ब्राह्मणम् । अरण्ये रचितः मन्त्रभागः आरण्यकम् । वेदानां अन्ते रचितः सारभूतः भागः उपनिषत्, अस्यैव वेदान्तं इति नामान्तरं अस्ति । वैदिकवाङ्मयान्तर्गताः उपवेदाः अपि भवन्ति । यथा- आयुर्वेदः, धनुर्वेदः, गान्धर्ववेदः, इत्यादयः ।

सहस्रशः वर्षाः गताः । परन्तु वेदवाङ्मये विकृतिः न सञ्जाता । परम्परानुरोधेन तथैव वर्तते । तत्र विद्यमानः ज्ञानराशिः अनन्तः । तद्विषये इतोऽपि संशोधनं अवश्यकम् । तादृशस्य वेदसाहित्यस्य रक्षणं अस्माभिः अवश्यकर्तव्यम् ।

 रजतभट्टः

द्वितीयपदवीपूर्व-वाणिज्यविभागः





## श्रमे लक्ष्मीः प्रतिष्ठिता



परिश्रमस्य महत्त्वं सर्वे जानन्ति एव । परिश्रमेण एव सर्वेषामपि कार्याणां सिद्धिः सम्भवति । परिश्रमं विना किमपि कार्यं पूर्णतया कर्तुं न शक्यते । न केवलं मानवाः सर्वे जीविनः स्वजीवने परिश्रमं कुर्वन्ति । पिपीलिकाः अपि निरन्तरं परिश्रमेणैव स्वभोजनार्थम् आहारं प्राप्नोति । यः परिश्रमं करोति स एव विजयं प्राप्नोति । उक्तञ्च—

उद्यमेनैव सिध्यन्ति कार्याणि न मनोरथैः ।

न हि सुप्तस्य सिंहस्य प्रविशन्ति मुखे मृगाः ॥

सिंहः वनराजः इति प्रसिद्धः । सः सिंहः तथैव उपविशति चेत् आहारः मुखे स्वयं नागच्छति । तस्मात् उद्यमेन नाम कार्यकरणेन एव मनोरथः सिध्यति । प्रयत्नं विना अहं श्रेष्ठः इति भावनया किमपि कर्तुं न शक्यते ।

अधिकतया लोके जनाः उत्तमं स्थानं प्राप्तुं यतन्ते । परन्तु तत्र प्रयत्नः अधिकतया अपेक्षते । अत्र सर्वविधप्रयत्नः करणीयः भवति । जनानां जीवनपद्धतिः भिन्ना भवति । तथापि केनापि वा मार्गेण प्रयत्नः अपेक्षते एव । विद्यार्थिनः अध्ययने उन्नतं स्थानं प्राप्तुं प्रतिदिनं प्रयत्नं कुर्वन्ति चेत् अन्ते कष्टं न अनुभूयते । अतः प्रयत्ने अपि निरन्तरता अपेक्षते । तस्मात् सर्वे उन्नतिप्राप्त्यर्थं परिश्रमं कुर्युः ।

महाभारतस्य शान्तिपर्वणि भीष्मं प्रति युधिष्ठिरः पृच्छति “हे पितामह ! भवान् सर्वशास्त्रेषु विशारदः । दैवे पुरुषप्रयत्ने च श्रेष्ठतरं किमिति वद” इति । तदा भीष्मः एवमुक्तवान्

यथा बीजं विना क्षेत्रमुप्तं भवति निष्फलम् ।

तथा पुरुषकारेण विना दैवं न सिध्यति ॥

यथा एकेन चक्रेण न रथस्य गतिर्भवेत् ।

एवं पुरुषकारेण विना दैवं न सिध्यति ॥

क्षेत्रं विना उप्तं बीजं फलं न जनयति । तथैव पुरुषप्रयत्नेन विना दैवः न सिध्यति । वञ्चनां विना कर्मकरणम् अस्माकं कार्यम् । फलदानं तु भगवतः इच्छा । उक्तञ्च भगवद्गीतायाम्—

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन ।

मा कर्मफलहेतुर्भूः मा ते सङ्गोस्त्वकर्मणी ॥ इति ।

अतः प्रयत्नं विना किमपि साधयितुं न शक्नुमः इति निर्णयः । तस्मात् स्वपरिश्रमेण कीर्तिमर्जयामः इति शम् ।

 राघवेन्द्रः एस्.हेच्

प्रथमपदवीपूर्व-विज्ञानविभागः

# हिन्दी विभाग

**"राष्ट्रभाषा के बिना आजादी बेकार है।"**

**- अवनींद्रकुमार विद्यालंकार**



## समय

समय बलवान है ।

यह किसी का अपना नहीं होता ।

समय ने राजा को दिवाला बनाया ।

समय के आगे किसी की कोई बनती नहीं ।

गाँधी जी नेहरू का भी अपना समय था ।

समय के साथ सब मिट गए ।

केवल अपना नाम छोड़ गए ।

कल हम भी नहीं रहेंगे ।

अच्छे समय में सभी हमारे मित्र हैं ।

बुरे समय में दिखते सभी के कूचरित्र हैं ।

समय से बड़ा शत्रु कोई नहीं ।

समय से बड़ा मित्र कोई नहीं ।

समय से किसी के लिए ,

ना रुका है, ना रुकेगा ।

ये बदलता है और सदैव बदलता रहेगा ।


जो इसके महत्व न समझता है ,

उसका अस्तित्व मिट जाता है ।

“बीता हुआ वक्त वापिस नहीं आएगा ।”

जितनी जल्दी इसे समझ ले, उतना यश पाएगा ।

“मनुष्य को जीवन में समय से पहले किस्मत से ज्यादा कुछ नहीं मिलता है ।”

 बि. अक्षिता रेड्डी

प्रथम पी.यू.सी विज्ञान विभाग

## अतीत पर जीत

एक लड़का राहता था जिसका नाम सागर था । हालांकी वो दिखने में अच्छा नहीं था लेकिन दिल उसके नाम की तरह बहुत बड़ा था । वह हमेशा सबकी सहायता करता था और बहुत खुश रहता था । लेकिन एक दिन कुछ ऐसा हुआ जो उसने कभी सोच न था । एक दिन सागर अपने घर के पास टहल रहा था तभी अपने पड़ोसियों से पता चला की, एक औरत थी, जो बच्चे को अपहरण कर भीख मांगने में इस्तेमाल करती थी । यह खबर सुनकर सागर दंग रह गया । तब ऐसे ही टहलते-टहलते उसे उस औरत का घर दिख गया जहाँ से वह नन्हे शिशु के साथ बाहर निकल रही थी । सागर उसका पीछा करता गया जिसकी भनक औरत को लग गई । वह

भागने लगी और घबराहट में उस बच्चे को फेंक दिया । जब तक सागर रास्ते के उस पर जा कर बच्चे को बचा पाता तब बस दुर्घटना से बच्चे की मौत हो चुकी थी । इस परिस्थिति को सागर अपनी गलती समझ कर अपने आप को कोसता रहा । यही यादें धीरे-धीरे बुरा सपना बन कर उसे रोज रात को तड़पाती रहती थी । इसकी वजह से सागर बहुत शांत और मायूस सा हो गया । इसका फायदा उठाते हुए कुछ लोग उसका मजाक उड़ा कर परेशान करने लगे ।

ऐसे ही जब वह परेशान कर रहे थे तब उसे बर्दाश्त नहीं हुआ और वह वहाँ से दौड़ने लगा, इतना दूर की कोई उसे ढूँढ भी नहीं सकते थे । जब वह दौड़ते-दौड़ते थक गया तब वह बेंच पर बैठ के रोने लगा । इतना रोया, इतना रोया की उसके आंखों में आँसू ही नहीं बचे थे । उसे उसी समय एक लड़की वहाँ से गुजर रही थी तभी उनसे किसी को बहुत जोर से रोते हुए देखा तो वह उस लड़के के पास जाकर बैठती है और मुसकुराती है । उसे देख कर सागर को लगा की उसकी मुस्कान ना जाने क्यों सच्ची नहीं लगी । लेकिन उसने लड़की से पूछने की हिम्मत नहीं की और फिर रोने लगा । तब लड़की ने पूछा की “क्यों इतना रो रहे हो ? किसी ने तुम्हें परेशान किया क्या ?” पता नहीं क्यों लेकिन सागर को उसके साथ वहाँ पर अच्छा लगा और बिना कुछ सोचे अपने अतीत बुरे सपने की बारे में बताया और यह भी बताया की उसके दोस्त ही उसके शक्ल और मासूमियत बारे में मजाक उड़ाते हैं ।

तब लड़की मुसकुराकर कहती है की “मैं नहीं चाहती हूँ की तुम अपने अतीत को भूल जाओ बल्कि मैं चाहती हूँ की तुम सब कुछ याद रखो ।” तब सागर ने उलझन में उसे देखा । तब लड़की हंस कर कहती है की “मैं चाहती हूँ की तुम सब कुछ याद रखो और अपने अतीत पर जीत हासिल करो । अगर तुम अपने अतीत पर काबू नहीं पाए तो तुम हमेशा वह बच्चे बनकर रह जाओगे जिसका आत्मविश्वास कभी नहीं बढ़ता हो” इसे सुन कर सागर के चेहरे पर मुस्कान आ गई । सागर फिर उस लड़की को देखकर पुछता है की “तुम तो मुझे जानती भी नहीं हो तो तुम मेरी मदद क्यों कर रही हो ?” तो उस लड़की ने कहा “जैसे तुम किसी की शक्ल या भेद भाव करने के बजाय जरूरत मंदो की मदद करते हो वैसे ही मैंने भी किया । मुझे नहीं लगता है की तुम्हें दुखी होना चाहिए । बल्कि तुम उस बच्चे की जान बचाना चाहते थे । तो अपने आप पर इल्जाम मत डालो और खुश रहो ।” सागर ने मुसकुराकर धन्यवाद कहा । सागर अपने आँसू पोंचते हुआ सोचता है की वो तो उस लड़की का नाम पूछना भूल गया । जब वह पूछने के लिए उसकी तरफ मुड़कर देखा तो वह लड़की दिखाई नहीं देती है ।

-“ अपने अतीत के बारे में सोचते हुए अपने आज और आने वाले कल को बर्बाद ना करो ”

 वैष्णवि

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## कौन श्रेष्ठ है?

एक औरत थी। उसका एक लड़का था। उसका लड़का हमेशा अपनी माँ का कहना मानता था। वे दोनों बड़े आराम से रह रहे थे। उसका लड़का कमा कर लाता था। दोनों उसी में गुजारा कर रहे थे। एक बार उसकी माँ पानी भरने गई। वहाँ पर दो औरतें भी पानी भर रही थीं। एक कह रही कि "मेरा बेटा बहुत अच्छा है। वह अपनी कक्षा में प्रथम आता है।" यह सुनकर दूसरी औरत बोली "मेरा लड़का भी कुछ कम नहीं। वह डाक्टर है।" दोनों अपने लड़कों की तारीफ कर रहीं थीं। उन में से एक ने तीसरी औरत से कहा "बहन, तुम्हारे लड़के में कोई गुण नहीं?" उसने कहा मेरा लड़का जैसा है वैसा ही अच्छा है। न उसमें कोई गुण है न दोष।" यह कह कर वह चुप हो गई।

तभी पहली औरत का लड़का आया कहने लगा "माँ जल्दी से मेरी फीस के पैसे दे दो।" वह पैसे लेकर चला गया। तब दूसरी औरत का लड़का आया तो कहने लगा "माँ जल्दो से घर चलो, मेरा दोस्त आया है।" तभी तीसरी औरत का लड़का आया, कहने लगा, ' माँ तुम इतना बोझा क्यों उठा रही हो मुझे कह देती। मैं पानी भर कर ला देता।" उसने यह कह कर अपनी माँ के हाथ से पानी का घड़ा ले लिया।

 धीर निमेष रायजादा

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## माँ

माँ जो हमें जनम देती है। हमें पाल-पोस कर एक सभ्य इंसान बनाती है। भगवान के बाद माँ का दूसरा स्थान आता है। माँ हमें सारे विघ्न बाधाओं से हमारी रक्षा करती है। माँ अपनी बच्चों की सदैव मंगल कामना करती है। मनुष्य के चरित्र निर्माण में माँ का अग्रिम स्थान है।

माँ का सम्मान करना जैसे भगवान की पूजा करना है। पूरे विश्व में मातृ दिवस मनाया जाता है। यह दिवस माँ के प्रति हमारा प्रेम, सम्मान भाव दर्शाता है। माँ का कोई दिन नहीं होता, माँ से ही दिन बनता है। आज समाज में ऐसे भी लोग हैं जो अपने माँ का त्याग कर देते हैं। उनका सम्मान तथा देखभाल नहीं करते। हमें यह कभी भी नहीं भूलना चाहिए कि आज हमारा अस्तित्व, वजूद हमारी माँ की वजह से ही है। माँ के समान इस दुनिया में कौन है ?

 सौम्यश्री सिंग

प्रथम पी.यू.सी. विज्ञान विभाग

## बाल श्रम

बाल श्रम की समस्या देश भर में फैली हुई है। यह देश और समाज के लिए बहुत हानिकारक है। बाल मजदूरी को बड़े और अमीर लोगों ने एक तरीके से इसका व्यापार बना लिया है और साथ ही बच्चों के माता-पिता ने भी इस कार्य को पशा बना लिया है। वे लोग चंद रुपयों के लिए छोटे बच्चों से कम करवाते हैं और उनका शोषण करते हैं। वे बच्चे कम पैसों में कठिन से कठिन काम करने के लिए तैयार हो जाते हैं और इसकी वजह से वे अपने अधिकारों से विछड़ जाते हैं, अशिक्षित रहते हैं। सरकार को बाल मजदूरी को जड़ से खतम करने के लिए विशेष प्रकार के प्रयत्न करने चाहिए जिससे समाज में फैली इस परेशानी से उन बच्चों को बाहर लाया जा सके।

गरीब व्यक्ति अपने घरेलू आवश्यकताओं की पूर्ति के लिए बच्चों से श्रम मजदूरी करवाता है ताकि उनके घर क खर्च पूरा हो सके। सरकार के द्वारा स्कूलों में दोपहर के भोजन की व्यवस्था करने से गरीब व्यक्ति भोजन के लालच में अपने बच्चे को स्कूल भेजते हैं जिससे उनकी पढ़ाई के साथ-साथ पेट भरने की आवश्यकता भी पूरी हो जाती है। जिससे बाल मजदूरी की समस्या काफी कम हो गई है।

बाल्यकाल में बच्चों के द्वारा किया गया श्रम या कार्य या काम ही जिसके बदले उन बच्चों को मजदूरी मिलती है उसको बाल श्रम कहा जाता है। आज के आधुनिक युग में बाल मजदूरी एक अभिशाप बन गया है जो की समाज के लिए एक कलंक से कम नहीं है। १९५० के संविधान के हिसाब से चौड़ा वर्ष से कम उम्र के बच्चों से मजदूरी करवाना, होटल में, कारखानों में काम करवाना और घरेलू नौकर की तरह कार्य करवाना बाल मजदूरी के अंतर्गत आता है।

 प्रत्यूषा गुप्ता

प्रथम पी.यू.सी विज्ञान विभाग



## बचपन के सुहाने पल

ये पल जल्द ही बीत कल बन जाएंगे और हमें बहुत याद आएंगे।  
वो देर से स्कूल जाना, रोज होमवर्क न करने का नया बहाना ॥  
क्लास में गर्व से जवाब बताना, और सही होने पर इनाम पाना  
फिर हमारा फूला ना समाना, घंटो ऐसे ही इतराना ,  
छुट्टी का वो लंबा इंतजार, वीकेंड तो जैसे लाए बहार ।  
रविवार तो था एक दूसरा त्योहार चाहता था ये मन आये संडे बार बार ॥  
समय का दरिया पल भर में होता था पार, जब साथ में होते सब यार।  
एक ही लंच बाक्स में जाते कई हाथ, जन्नत सा लगता था दोस्तों का साथ ।  
गेम्स का पीरियड लगाए चार चाँद ।  
वो यारों का सताना, पल भर में रूठ जाना ।  
मस्ती से बारिश में नहाना, गलियों में पनि भर जाना।  
उसमें कागज की नाव चलाना, खेलने को थे खेल अनेक,  
पर मुश्किल थि हमारी एक । पहले खेले कौनसा खेल,  
गिल्ली – डंडा या गुलेल ? पुलिस बन के भेजे चोर को जैल ।  
या बनाए कोई रेल । बचपन का था एक ही सपना, सबसे ऊंचा घर हो अपना ।  
सारी दुनिया जाने हमको आटोग्राफ दे हम सबको । जब ख्वाबो में थे हम जीते,  
बाँद ना पाते हम जूतों के फीते । फिर भी माँ के लाडले हम ही थे।  
याद आएंगे ये पल बीते । शायद अब पड़ेगा पछताना, कि हमने इन  
पलों का महत्व न जाना ।  
ये पल तो याद तो बहुत आयेंगे, आँखें हमारी नम कर जाएंगे।

 लेखा डी. शिंधे

द्वितीय पी.यू.सी वाणिज्य विभाग

# पितृसत्ता

“पंछी बनू उड़ती फिरू मस्त गगन में, आज में आजाद हूँ दुनिया के चमन में ।”

१९५६ में आई फिल्म चोरी-चोरी का यह गीत स्त्री अस्तित्व की पहचान का गीत है, जिसमें नायिका पितृसत्ता को ललकारी हुई सभी बंधनों से मुक्त हो जाना चाहती है। आज छह दशक बाद न्यूज-चैनलों, पत्रिकाओं, अखबारों और संगोष्ठियों में इस्तेमाल किये जाने वाले शब्द ‘पितृसत्ता’।

नारी-सशक्तीकरण को इस दौर में ‘पितृसत्ता’ एक ऐसा शब्द है, जिसका निहितार्थ को समझना आज के दौर की युवतियों को समझना जरूरी है। दरसल, यह बहेलिये के उस जाल की तरह है, जिसमें चिड़िया जरूर फंसती है। और फिर कभी निकल नहीं पाति। मगर पितृसत्ता का जाल तो उससे भी ज्यादा खतरनाक है, जिसमें औरतें ताउम्र कैद रहती हैं। कभी परिवार की मर्यादा के नाम पर, तो कभी समाज का भय दिखा कर, तो कभी उसे पुरुषों से कमजोर बत कर। यह कुल मिल कर नारी को पहले पिता और भाई फिर पति और अंत में बेटे के आधीन बना कर उसकी इच्छाओं, सपनों और अधिकारों को कुचलने का सदियों पुराना कुचक्र है। जिसमें आज तक नहीं तोड़ सकी हैं, भारतीय महिलाएं।

## महिला सशक्तिकरण :-

अक्सर लोग महिला सशक्तिकरण का गलत अर्थ निकाल लेते हैं। वे सोचते हैं कि समानता सशक्तिकरण का अर्थ है। लेकिन नहीं, यह समानता नहीं, यह सिर्फ सशक्तिकरण के लिए इस्तेमाल किया जाने वाला शब्द है। सशक्तिकरण शब्द का अपना अर्थ है ‘स्वयं प्रेरणा’ और ‘प्रशंसा’। एक महिला के लिए सबसे बड़ी ताकत उसकी आत्मा होती है। जब हम उनका सराहना करते हैं, तो उनकी आत्मा और अधिक नवीन करने और अधिक ताकत के साथ आगे बढ़ने के लिए प्रबुद्ध होता है और वे आत्म-प्रेरित महसूस करते हैं।

‘सशक्तिकरण’ पितृसत्तात्मक समाज के अंत का समाधान है।

 संजना रमेश


द्वितीय पी.यू.सी विज्ञान विभाग



# Colour Palette



"I sometimes think there is nothing  
so delightful as drawing."  
- Vincent van Gogh







**Priyadarshini**  
I PUC, Commerce

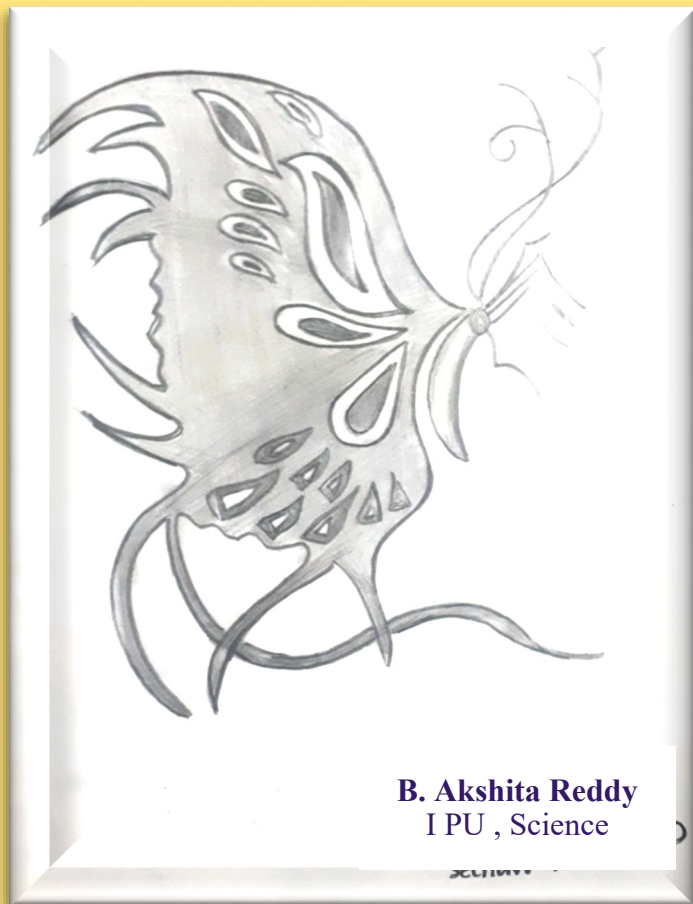


NAME: B. AKSHITHA REDDY  
CLASS : 1<sup>st</sup> PUC (PCMB)  
SECTION : 'A'





Siddalinge Gowda  
II PU , Science



B. Akshita Reddy  
I PU , Science



B. Akshita Reddy  
I PU , Science



# Mysore Education Society

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### 2. M.E.S. Pre-University College

Malleswaram, Bangalore - 560 003.

### 3. M.E.S. Teachers College

C.T.E. Bangalore Rural, Rajajinagar, Bangalore - 560 010.

### 4. M.E.S. Kishora Kendra School

Malleswaram, Bangalore - 560 003.

### 5. M.E.S. Kishora Kendra P.U. College

Malleswaram, Bangalore - 560 003.

### 6. M.E.S. Vidyasagara Prof. M.P.L. Sastry P.U. College

Malleswaram, Bangalore - 560 003.

### 7. M.E.S. Computer Academy

Vidya Vihara, Rajajinagar, Bangalore - 560 010.

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### 10. M.E.S. B.R. Subbarao P.U. College

Vidyaranyaapuram, Bangalore - 560 097.

### 11. M.E.S. Rangashale

Malleswaram, Bangalore - 560 003.

### M.E. S. Kalavedi

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TO OUR II PUC TOPPERS - 2020**



**SHRAVANI G.**  
Total : 578

STATE 18<sup>th</sup>  
RANK

**SCIENCE**



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Total 571



**NIVEDITHA M.H**  
Total 564



**SOURAB S.**  
Total 562



**THEJAS K.U**  
Total 554

22 DISTINCITIONS , 70 FIRST CLASS

**COMMERCE**



**B.B VIDYA**  
Total 561



**KARTHIK A.**  
Total 546



**DHRUTI S.**  
Total 543



**DARSHAN J.**  
Total 541

7 DISTINCITIONS , 38 FIRST CLASS



**DEEPIKA RAO**  
Total : 587 (97.8%)

STATE 11<sup>th</sup>  
RANK



